



Fun and games at activity day

Disabled youngsters play sport and get creative

SEE PAGE 11



Cool capers for kids in summer

There's loads going on to keep children entertained this holiday

SEE PAGES 12 & 13



Banging the drum for youth

Talented young musicians perform in a series of concerts

SEE PAGES 20 & 21

ISSUE 969 22 - 28 JULY 2013

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eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

STREET CLEAN-UP GETS UNDER WAY

A RIGHT ROYAL KNEES-UP



THE Pearly Queen of Tower Hamlets, Lorraine Wells, helped launch the borough's first Cockney Heritage Festival on Thursday. Turn to page 2 for more details.

Teams hit the road to clear graffiti, rubbish and gum

BY SARAH MCLAUGHLIN

THE borough will be cleaner than ever thanks to the work of extra teams taken on to sweep the streets and remove graffiti and chewing gum.

And the hard work is already in full swing with more than 136 square metres of graffiti removed in the first few weeks, equivalent to the sides of three-and-a-half double decker buses.

Chewing gum has been removed from more than 1,475 square metres of pavement and litter pickers have collected more than 2,350 bags of rubbish.

An additional £800,000 has been allocated by Mayor Lutfur Rahman for enhanced cleaning activities for the coming year, funding ten street sweepers, two graffiti removal teams and two teams to remove chewing gum.

The additional services build on the work that is already

being done by the council, and its contractor Veolia Environmental Services, in cleaning the borough, which includes providing additional bins, the rapid response Find it, Fix it team and dedicated street cleaners.

Mayor Rahman said: "I am investing an additional £800,000 to ensure that people who live,

work or visit the borough experience streets and parks that are the cleanest they can possibly be.

"The way that the borough looks reflects on us all and I hope that residents will join the council in working together to keep Tower Hamlets clean."

Continued on page 3

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No reason to be bored

There are dozens of activities on offer in the borough to keep young people busy over the summer holidays.

SEE PAGES 12 & 13

Get stuck in to some great reads

The Summer Reading Challenge boosts children's inclination to read at home and encourages them to talk about books with their families and friends.

SEE BELOW

News

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East End Life is published by Tower Hamlets Council with a print run of 99,000 copies delivered to homes, organisations and businesses in the borough every week.



The official independently audited door-to-door delivery is 83,428 Audit Bureau of Circulation (ABC Regional) July-December 2012.

East End Life was the first weekly newspaper produced by a local authority in the UK with a net cost of 4.6p per copy per week to produce. Paid-for advertisements are carried to keep costs to a minimum.

Information included in the newspaper is not necessarily endorsed by Tower Hamlets Council.

East End Life is printed on recycled paper – when you have finished with the newspaper, please recycle it.



RESIDENTS can celebrate the borough's Cockney heritage this week.

The Cockney Heritage Festival was launched by Cllr Rabina Khan (pictured left with Pearly Kings and Queens) at the Local History Library and Archive in Bancroft Road, Mile End last Thursday.

Organised by the Cockney Heritage Trust and the council, it boasts more than 50 events, most of which are free of charge.

The full programme of events is available at Idea Stores and libraries or it can be downloaded at www.ideastore.co.uk

A summer to remember

Creepy reading challenge, photography project and design course on offer

BY SHALINA HUSSAIN

HUBBLE, bubble, toil and trouble is this year's spine-tingling theme for the Summer Reading Challenge, which aims to encourage children to read six books or more during the school holiday.

Organised by the Reading Agency, the challenge celebrates the written word and aims to develop a passion for reading among children and families. The council is supporting the initiative and, this year, Creepy House by Chris Ridell is the central theme.

Children can discover the secrets of the book and meet some of its scary characters.

All the borough's Idea Stores and libraries are taking part in the challenge, from now until



September 7. Cllr Rania Khan, cabinet member for culture, said: "The challenge is all about getting children reading and developing a real passion for books and sharing that reading with families and friends.

"This year's Creepy House theme will make the challenge even more exciting, with rewards to be won. I hope to see

all of our young people picking up a book and completing the challenge."

Aimed at children aged four to 11, participants will be given a Creepy House folder, membership card plus stickers and other freebies. There will also be a creepy activities.

To find out more visit www.ideastore.co.uk

■ **TEENAGERS** can enjoy an exciting summer programme of free events, organised by the council's A Team Arts crew.

A two-week **film and photography project**, called Disgraceful Waste of Space, runs from July 29-August 9.

Later in the holidays **Design For Futures** from August 12-30 will give an insight into the world of fashion, textiles and product design with tutors from Central St Martin's College. It is

run with youth organisation Futureversity. To book visit www.futureversity.org

If you are looking for something more active then sign up to **Bollywood Dance** from August 12-16. Enjoy a mix of Indian and western dance forms, inspired by music from Bollywood films.

Participants will have the chance to take part in a Bollywood film version of Jane Austen's Emma in September to celebrate 100 years of Bollywood cinema. To book visit www.futureversity.org

All courses are open to ages 13-19 and up to 25 for those with special educational needs who live, work or study in the borough. They take place at the Brady Arts Centre in Hanbury Street, Whitechapel. To find out more call 7364 7911.

eastendlife

soundtalking

East End Life is also available on audio tape – if you know someone who would like to receive it in this format call 7364 4309 or email mariette@soundtalking.co.uk

Printed by Trinity Mirror.

Distributed by The Distribution Company, Bow Triangle, E3.

Tel: 8983 9944

If you know someone who does not receive **East End Life** call 7364 0474 or email abdul.miah@towerhamlets.gov.uk



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Family announcements



Daniel Joseph Sawyer
‘Danny’

Special Birthday Memories 23rd July 1974

You always had a smile to share,
Time to give and time to care,
No tears, no words, no verse can say,
How much we miss you every day.

Love you
Mummy, Faye and family xxx
A special kiss to Uncle Dan from Danya x
A special kiss to Uncle Dan from Oscar x



Celebrating your
GCSE, A level or
degree exam results?

Why not share your success and announce your exam results in East End Life?

Whatever you want to say use East End Life to make your announcement. Your announcement must reach us by the Monday before the publication date you require. Send the text of your announcement including your contact details to East End Life Family Announcements, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG, by fax to 020 7364 4384 or contact one of the EEL sales team:

Christine t: 020 7364 4994 e: christine.o'doherty@towerhamlets.gov.uk
Fatima t: 020 7364 4623 e: fatima.khan@towerhamlets.gov.uk
Laura t: 020 7364 0946 e: laura.andrus@towerhamlets.gov.uk
Terri t: 020 7364 4682 e: terri.knight@towerhamlets.gov.uk



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This Ramadan
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Email: mail@eastlondonislamicschool.co.uk

WAR GAMES

25 May 2013 – 9 March 2014
Free entry

Museum of Childhood
Bethnal Green

Open daily 10.00-17.45
Last admission 17.30
www.museumofchildhood.org.uk

Prussian Cuirassier mounted soldiers, German, 1870 © V&A



Aiming for legacy benefits

Cllr Rabina Khan told a House of Lords committee about the council's concerns over how much affordable housing is to be delivered by the transformation of the Olympic Park.

SEE BELOW

Best festival yet

"We had a larger number of people stay throughout the New Voices festival than ever before."

ALEX SUTTON, PRAXIS DEPUTY CHIEF EXECUTIVE

News

Play it cool during heatwave

BY MEHREEN HUSSAIN

RESIDENTS are advised to take care of themselves and keep an eye out for their friends and neighbours during the continuing heatwave.

High temperatures can be dangerous, especially for the elderly, the very young or people with chronic or long-term medical conditions.

In particular, very hot weather can make heart and breathing problems worse.

The main risks posed by a heatwave are: dehydration (caused by not having enough water); overheating, which can

make symptoms worse for people who have problems with their heart or breathing; heat exhaustion and heat stroke.

There are many ways of coping in hot weather which

can help people keep cool and comfortable and reduce health risks:

■ Shut windows and pull down the shades when it is hotter outside. If it's safe, open them for

ventilation when it is cooler.

■ Avoid the heat – stay out of the sun, particularly between 11am and 3pm (the hottest part of the day) if you're vulnerable to the effects of heat.

■ Keep rooms cool by using shades or reflective material outside the windows.

■ If this isn't possible, use light-coloured curtains and keep them closed (metallic blinds and dark curtains can make the room hotter).

■ Have cool baths or showers, and splash yourself with cool water.

■ If you are not fasting, take cold drinks regularly, such as water and fruit juice. Avoid tea, coffee and alcohol.

■ Identify the coolest room in the house so you know where to go to keep cool.

■ Wear loose, cool clothing and a hat if you go outdoors.

Don't leave yourself open to burglary

POLICE are advising residents to keep their doors and windows locked when no one is at home during the warm weather, following a significant increase in a number of overnight break-ins.

Nine burglaries of this type were reported in the past week.

Properties targeted include ground-floor accommodation

or first floor flats where there was something to climb on.

The thieves go in through open windows, usually stealing from the area immediately around the open window or staying within the one room.

A police spokeswoman said: "If you see someone acting suspiciously or something

just doesn't seem right to you, please dial 999.

"Don't hesitate. Make the call straight away so we have the opportunity to catch them while they are still in the area."

If you have information about burglary or the handling of stolen goods, call your Safer Neighbourhoods Team or contact Crimestoppers.

2012 legacy discussed

TOWER Hamlets cabinet member Cllr Rabina Khan appeared at a House of Lords Select Committee to give evidence on the legacy of the London 2012 Games for the borough.

Cllr Khan, who leads on housing, appeared in the same week the government published a report on the legacy of the Games.

Cllr Khan told the committee: "Almost 4,000 Tower Hamlets residents secured Olympic jobs thanks to an agreement the council made with the Olympic organising committee, LOCOG. "This valuable work experience will stand them in good stead for future employment."

In addition to regeneration work in Whitechapel, Mile End and Bow Road in the run up to the Games, a transformation programme has begun in the Olympic Park which will see the construction of 7,000 homes, 650 of them in Tower Hamlets.

However, Cllr Khan raised local concerns about how much affordable housing is to be delivered. Despite assurances from the GLA, the council is concerned that rental levels will not be affordable for the majority of borough residents in housing need.



AN annual festival which celebrates the contribution migrant communities make to London, brought hundreds of visitors to Bethnal Green last weekend. The free celebration, titled New Voices, featured world music, performances, creative activities and food.

Praxis, a community organisation in Bethnal Green, which runs projects to support refugees, hosted the event, staged the event with support from the council. Music came from the Fontanelles, the Romany Diamonds, and the Jaipur Kawa Brass Band.

Trade in your unwanted stuff at Saturday swapshop

START the summer holidays with a clear-out and find things you may need at a swap event this Saturday, July 27.

Residents are invited to take along reusable, clean items no longer wanted and take away items they like for free.

Books, DVDs, CDs, clothes, paired shoes,

toys and bric-a-brac can be taken to Bethnal Green Gardens, near the library, any-time between 11am and 4pm.

Large items, such as furniture can also be swapped – take along a photo or description with contact details.

Items such as household batteries, printer cartridges, low energy light bulbs and

small electrical appliances can be taken for recycling, but cannot be swapped.

Bikeworks will be at the event from 11am-1pm, when children's bikes can be swapped. Dr Bike will also be available to do minor repairs and roadworthy checks on bikes.

For more information, call 7364 5004 or email recycling@towerhamlets.gov.uk

News in brief

Creative children

CHILDREN aged 8-13 can take part in creative activities at a summer holiday scheme run by the Rainbow Film Society and Young News, a free newspaper for young people.

Newspaper production, film making, creative writing and photography are some of the courses planned.

For details, call 7247 4224, or email rainbowfs@aol.com

Late youth club

A YOUTH and community organisation is running a late youth club during the Muslim fasting period of Ramadan.

The Rooted Forum is running the club at the Tarling East Community Centre, 63 Martha Street, Shadwell, from 10.30pm-1.30am, every day until August 7.

Four qualified youth workers and local residents are volunteering to provide recreational activities in a safe environment.

Call 7423 9146 or email info@therootedforum.org to register.

Business awards

BUSINESSES large and small are invited to enter this year's Docklands Business Club and East London Chamber of Commerce Business Awards.

Recognising management success, the awards will be presented in November at a black tie reception and dinner at Royal Victoria Dock.

The deadline for entries is September 20.

Go to www.docklandsbusiness.org.uk for details.

Charity appeals

MUSLIM Aid is running a series of TV and satellite appeals during Ramadan.

The Whitechapel-based charity organises emergency relief and post-disaster recovery help across the world.

This year its Feed the Fasting programme will reach 41 countries.

Donations can be made online at www.muslimaid.org or by calling 7377 4200 during office hours.

Voice your concerns

To book an appointment at the mayor's fortnightly surgeries at Idea Stores in Whitechapel and Crisp Street call...

7364 5014



How to contact Mayor Rahman

The mayor's web pages can be viewed at www.towerhamlets.gov.uk/mayor or email him at mayor@towerhamlets.gov.uk or call 7364 4993.

WWW.TOWERHAMLETS.GOV.UK

News from the Mayor

Fun in the sun

WITH the school holidays here, I know young people will be keen to get out and about and enjoy the sunshine.

Once again there are plenty of activities to keep children and young people active during the summer break.

From the Idea Stores' summer reading challenge and summer school to sports, music and arts events, there are hundreds of activities to choose from (see pages 12 & 13).

The end of term always seems to be a natural time to reflect on past achievements as well as looking to the future.

This week I was delighted to attend the 'topping out' ceremony at Bow School.

This was a milestone in the development of the new school site and was the first chance for some of the pupils to see their fantastic new premises emerge. It was a particularly proud moment for me, as a former pupil.

Bow School was recently recognised as amongst the best in the UK for adding value to students' achievements at GCSE.

With four new forms from 2014, even more young people will be able to benefit from this excellent teaching and the extension will also help address the increasing need for school places.



LUTFUR RAHMAN MAYOR OF TOWER HAMLETS

One group looking to the future will be those pupils and college students considering making the leap to university.

So far, we've received over 300 applications for the recently launched Mayor's Higher Education Award, which will give students £1,500 towards the cost of university.

This level of interest shows there's a real need for this kind of scheme. There's still plenty of time to apply for the award - go to www.towerhamlets.gov.uk/higher for more details.

And finally, the recent terrible fire at the Dorrington Point tower block in Bow highlights how essential our local fire stations are. I continue to lobby the mayor of London not to proceed with plans to close these stations, which I feel would put the safety of local people at risk.

Mayor Lutfur Rahman

Bow's bright future

Mayor attends 'topping out' ceremony at new school

BY EMILY BLACKSHAW

WITH just over a year until its doors open, Bow School's new site is taking shape, with construction works running to schedule.

Benefiting from a complete re-build that will relocate the school from its current site in Paton Close, Bow School is the final part of the £300 million Building Schools for the Future programme, which has been transforming local secondary schools since 2009.

Last Monday pupils got to see the early stages of their new surroundings at an official 'topping out' ceremony, organised to mark the completion of the new structure, an important milestone in the project.

They were joined by Mayor Lutfur Rahman, the head teacher, school governors, teaching staff and council officers.

Following a tour of the new site concrete was poured on the landing of the external staircase, to mark the completion of one of the final elements of construction.

The project will expand Bow School to provide an addition-



Mayor Lutfur Rahman watches as a pupil trowels concrete on the roof

al four forms per year and girls will be admitted for the first time from September 2014.

The school will also benefit from a new sixth form which will be part of Sixth Form East, a partnership involving St Paul's Way Trust School, Langdon Park, Stepney Green and Bow School.

Mayor Rahman said: "As a former pupil of Bow School - a secondary that is now in the country's top 20 per cent of schools for adding value to students' achievements at GCSE - today is an auspicious occasion and a key milestone."

Cllr Oliur Rahman, cabinet member for children's services, added: "With Bow School's recent achievements, giving pupils a new learning environment can only add to what the teaching staff are already doing to boost their pupils' potential."

The new site will benefit from a range of first-class facilities including a large sports hall, drama studios and rooftop sports facilities, and a modern design to inspire learning and maximise natural light.

Head teacher Cath Smith said: "We're thrilled that Bow

was chosen for this re-build and expansion. The use of the space will be so stimulating for the pupils. We'd like to thank everyone who's been involved."

Over the course of the next few months, a focus group of pupils from Bow School will be visiting the site regularly, to update their peers about the project's progress.

For more information visit www.towerhamlets.gov.uk and for information about applying to Bow School contact the council's pupil admissions team on 7364 5006.



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LUTFUR RAHMAN MAYOR OF TOWER HAMLETS

My diary

Tuesday, July 9

I made home visits to families in Poplar. Many of those I visit live in overcrowded conditions, where young people are unable to study and some members of the family suffer from medical conditions.

Thursday, July 11

I held my regular weekly surgery where I had the opportunity to meet with residents and discuss various issues and concerns. If you would like to arrange an appointment at one of my

surgeries please contact my office.

Monday, July 15

I attended the new Bow School topping out ceremony. As a former pupil of the school, it was a particularly happy occasion for me. It is the last school to be developed under the Building Schools for the Future programme which has already benefited thousands of youngsters

Wednesday, July 17

I attended the launch of the cleansing accelerated delivery programme on Redchurch Street. The way that the borough looks reflects on us all and I hope that residents will join the council in working together in keeping Tower Hamlets clean.



Vital service for disabled residents

Blue parking badges allow cars carrying people with disabilities to park near shops, stations and other facilities. Common misuse includes badges used by friends or relatives to park for free.

SEE BELOW

Making a difference

For over two decades Human Relief Foundation has helped save lives and relieve suffering around the world.

WWW.HRF.ORG.UK

News

A GROUP of 14 childhood friends teamed up with a charitable foundation to support a global education programme for orphans. They travelled to the Scottish Highlands, where they climbed Ben Nevis to raise funds for the Human Relief Foundation. Didar Hussain, manager of a retail outlet in Bow, took time off to join the trek: "It's been magical," he said. "I have had such a good time catching up with my friends while raising money for orphans across the world." Afazul Hoque from Stepney Football Club added: "Ben Nevis was a challenge, but our spirit and determination carried us through. The views were breathtaking." To support their fundraising go to www.justgiving.com/legendsteam



News in brief

Roads disruption

THE Virgin Active London Triathlon takes place this weekend, July 27 & 28, with 12,000 people expected to compete.

Residents are reminded to plan their travel in advance as the road race on Sunday, July 28 will see road closures and diversions in the south of the borough, from 5am-6pm.

East India Dock tunnel, Aspen Way, Limehouse Link Tunnel and The Highway will all be closed in both directions during that time. The A13 will provide the main diversion route for traffic travelling east or west in the area.

There will be access and exit available for Wapping residents throughout the day via Vaughan Way only.

Diversions will be in place – see the London Triathlon website www.thelondon

triathlon.co.uk or visit www.towerhamlets.gov.uk for full details.

Cockney festival

PEOPLE of all ages are invited to talk about play and join in a play activity, as part of this week's Cockney Heritage Festival.

Play Past and Present is a kids and family event organised in Victoria Park, by Play Association Tower Hamlets, which wants to hear stories from people of all ages about what and where they played while growing up.

Visit the Pools Park Playground from 1-5pm on Tuesday, July 23, where there will be play and intergenerational reminiscence with staff from Tower Hamlets Local History Library and Archives.

Visit www.playtowerhamlets.org.uk for details.

Crackdown on the Blue Badge cheats

Fraudulent users of disabled parking scheme targeted

BY SARAH MCLAUGHLIN

THE council is cracking down on the misuse of the Blue Badge parking permit scheme following complaints from businesses.

Many have reported that customers are struggling to find parking spaces and one of the reasons highlighted is that people are abusing pay and display bays by fraudulently using Blue Badges.

Blue parking badges allow cars carrying people who meet the eligibility criteria – including those who are registered blind or people who have severe walking difficulties – to park near shops, stations and other facilities.

Misuse of Blue Badges takes away parking space from genuine users and cheats the council of income from paid parking. It is a criminal offence which can lead to large fines or even a jail

term. Common misuse includes badges being used by friends or relatives to park for free.

The initial focus of the council's crackdown is in areas where there is short-term parking. Recent enforcement action in New Goulston Street, Brick Lane and Wentworth Street resulted in two Blue Badges being confiscated, one vehicle removed and one verbal warning given.

Mayor Lutfur Rahman said: "The Blue Badge scheme is vitally important to ensure those with reduced mobility can park in the borough. We will continue to clamp down on fraudulent use of the scheme."

Cllr Shahed Ali, cabinet member for environment, added: "The council's parking services work hard to keep the borough moving and are committed to tackling the problem of Blue Badge misuse. People who may have got away with this previously should be aware that it is

now being targeted and offenders will be caught."

In a further effort to combat misuse, the council's mobility support team recently took part in an exercise with the Audit Commission's National Fraud Initiative.

This resulted in 21 Blue Badge holders being investigated for potentially holding more than one badge, having fraudulently applied to different authorities.

The council remains committed to helping genuine Blue Badge holders, but they are reminded of their duty to use the permit according to the scheme rules and never to allow other people to use it.

It is an offence to use a badge without the disabled person being present. If you are in any doubt about its use call the council on 7364 5003.

If you suspect that a Blue Badge is either fraudulent or being misused, call 7364 6945.

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Useful information

Our legacy of understanding

News from disability organisation Real

IT'S been a year since the heady days of the Paralympic Games.

That was a really positive time for disabled people. We were at the forefront of people's interest and enjoying a positive profile in our communities. It was so good to have a genuine, positive story about disabled people, instead of the usual false narrative about scroungers and victims.

At Real, we've been working hard to maintain that legacy of understanding and respect for disabled people.

We're committed to supporting our community, protecting disabled people's rights and making sure we all have the support we need to live the life we want. We want you to be part of this.

Real is launching a membership programme so disabled people and their allies can come together to challenge inequality and discrimination. Our projects include fighting the benefit cuts and improving attitudes towards disability. You can find out what else we do by visiting our website.

We have members who are disabled and others who aren't. We work with everyone who shares our goals and membership is free. So, if you believe in giving disabled people a stronger voice, then please get in touch. As a member you'll get a say in how we run Real, as well as regular information bulletins and invitations to events.

Members' open day and boat trip – August 23

WE'RE running an open day for new members on Friday, August 23 from 12–3pm.

Become a member before 5pm on August 15 and you will

also be eligible to join us for a free boat trip through the Olympic Park earlier in the day, so you can re-live some of last summer's excitement.

Whether or not you go on the boat trip you can join us for lunch from 12.30pm and an introduction to Real at our office in Jack Dash House, E14.

It's a chance to meet other local people who care about disability equality, to learn more about Real and find out more about being a member.

The boat trip and open day are accessible and we may be able to help with travel and other expenses. If you'd like to come, please get in touch before 10am on Friday, August 9 to arrange your place. Tickets on the boat trip are limited, so please act quickly.

You can call 7001 2175 or email voices@real.org.uk for more information or to arrange a place on the boat trip and/or open day.

More details are also on our website at www.real.org.uk/members

Getting involved to make a difference

BY joining Real, you'd be helping a diverse and dynamic not-for-profit organisation make a difference in your community.

As well as connecting with our lobbying and campaigns, you'd be helping to shape our services so we continue to provide excellent support for local people.

Real is a user-led organisation of disabled people and we've been in Tower Hamlets for some time. We want to do more to bring local people together and focus on the things that matter to you.

If you'd like to become a member, or get more information, please call 7001 2175, email get.involved@real.org.uk or visit www.real.org.uk/members

By Mike Smith,
chief executive, Real

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.

Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.

Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.

Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.

Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.

Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

East London Parkinson's Support Group

For people with Parkinson's disease and their carers. Meets third Tuesday each month, 11am at John Scurr Community Centre, 1A Bekesbourne St, E14. 0844 225 3704/0808 800 0303

Family Information Service (FIS)

Information for people from birth to age 19 (or 25 for those with additional needs) including helping to find high quality childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 fis@towerhamlets.gov.uk 7364 6495

Alzheimer's Society Tower Hamlets

Advice and help for carers and people with dementia. Mon-Fri, 9am-5pm. 54-86 Old Montague Street, E1. 7392 9631

Tower Hamlets Advocacy Project

Independent advocates for adults with learning disabilities. Mon-Fri, 9.30am-4.30pm. Gladstone Place, 1 Ewart Place, E3. 7364 2550/2199

Parents Advice Centre (PAC)

Offers impartial advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9.30am-1pm. 7364 6489

LinkAge Plus

An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Free Advice

Benefits, housing, immigration. Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash,

Will Crooks Estate, Poplar High Street, E14. 7987 9379

Tower Hamlets Home Birth Support Group

Last Thurs of each month, 8pm. 31 Ridgale Street, E3. 8981 1159

Tower Hamlets National Childbirth Trust

Offers support, information and friendship to parents and parents-to-be. 07976 710964 towerhamletsnct@yahoo.com www.nct.org.uk

Breastfeeding Support Centres

Mon 11am-1pm Wapping Children's Centre, 15 Chandler St,

E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14. 3594 2591 or 07961 609 626

Families with Autism

Spark Centre, Smart Street, E2. 8981 4924 fwautism@btinternet.com

Free home fire safety advice

From the London Fire Brigade 08000 28 44 28

Careers advice

Bow Job Club

Weds, 1.30-3.30pm, free. Idea Store Bow, 1 Gladstone Place, Roman Road, E3. 7364 4332

Tower Hamlets Careers Service

Careers advice for ages 13-19, up to 25 for those with special educational needs. Mon-Fri, 1pm-5pm. Careers Centre, 35 Bow Road, E3. 7364 1401

TH Lifelong Learning

Mon-Thurs, 10am-4pm. Shadwell Centre, 455 The Highway, E1.

Careers advice

Support from Civic Enterprise Clubs Co-Operative. Tues & Thurs, 1-4pm & 6-9pm Bishopsgate Institute, 230 Bishopsgate, EC2. 07432 463343 www.civicerprisecclubs.org



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name

Address

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It's not just about the classroom

"Staff give pupils such a great learning experience which is so much more than what happens in the classroom," Sir Alasdair Macdonald, retiring head teacher of Morpeth School.

SEE BELOW

Famous ex-pupil

Dizzee Rascal, the successful rapper, MC, songwriter and record producer, attended Langdon Park School.

News

School's out for dedicated trio

Three of Tower Hamlets' longest serving head teachers are retiring. **Kenny Frederick**, of George Green's School on the Isle of Dogs, **Sir Alasdair Macdonald**, of Morpeth School in Bethnal Green, and **Chris Dunne**, of Langdon Park School in Poplar have almost 60 years of service between them. East End Life spoke to all three during the last week of term.

'A great team of pupils and staff'



Kenny Frederick with some of the pupils

We believe 'all different all equal'

KENNY Frederick joined George Green's as principal in 1996, at a time when the election of a far right councillor had caused racial tensions on the Island.

The principal said becoming an inclusive school for the whole community was one of the highlights of her time at George Green's.

"The school had some difficulties in the early days, our motto 'all different all equal' has not been easily won," Ms Frederick said.

"We've gone from 750 students to 1,250. We've won so many awards, including a 'rights respecting' and 'equality' award.

"And this year, our students achieved their best results ever."

Ms Frederick said she plans to do some writing, travel and "work at a far less frantic pace" when she leaves.

"It will be hard to think about the Isle of Dogs without being here.

"Saying goodbye is hard. I am very attached to the kids, the school and the community," she said.

'Being here is a huge privilege'



CHRIS Dunne was visited by one of his former pupils last week – Labour Party leader **Ed Miliband** (pictured above). Mr Dunne taught Mr Miliband at Haverstock Comprehensive School in Camden in the 1980s. Mr Miliband was also given a tour of creative youth space Spotlight, the Tower Hamlets Youth Sports Foundation and Langdon Park DLR Station.

DURING the last week of term, **Chris Dunne**, who became head teacher at Langdon Park in 1992, was presented with an award by students in year 8.

It was for 'the world's best head teacher' and had had a note attached, which thanked Mr Dunne for his help in developing Langdon Park into a strong, hard-working family.

The proud head teacher said the award summed up the legacy he was leaving behind.

"Becoming a community sports college in 2005, is one of the highlights of my time at Langdon Park," Mr Dunne told East End Life.

"Others have been about children, about those who have written to reminisce about the past and the growing number who have left the school and are now successful.

"I am leaving a great team of wonderful children and phenomenal staff."



Sir Alasdair Macdonald has been head teacher of Morpeth since 1992

SIR Alasdair Macdonald said he had seen major changes since becoming head of Morpeth School in 1992.

"The borough is a different place now," he said. "There was a lot of tension in the community and in the schools. Now our young people have come to respect one another, and respect our diversity.

"Our committed staff give pupils such a great learning experience which is so much more than what happens in the classroom. Some of our students have visited places like Auschwitz and New York.

"Being a head teacher in Tower Hamlets is a huge privilege."

Sir Alasdair, who is handing the reins to his deputy, said he was proud of the school and its outstanding staff.

"I believe the new head will take the school on to better things. I will miss the staff and the pupils. I've enjoyed my time here and have reached a point where I believe it is the right time to retire," he said.

Inspiring youngsters

The Language of Dance Trust aims to make creative movement and dance available to all.

WWW.LODC.ORG



Good news travels far afield...

“Having heard of the school’s rapid progress I was keen to visit. It is wonderful to hear the students speaking so positively about their experience, they are obviously very proud of their school.”

AUSTRALIA GOVERNOR GENERAL QUENTIN BRYCE ON ST PAUL’S WAY TRUST SCHOOL

Schools news



THE first woman Governor General of Australia visited St Paul’s Way Trust School to find out how it has made such good progress in recent years. Quentin Bryce said she wanted to see if the Bow school’s success – it has been rated as outstanding by Ofsted – could be replicated in her homeland. She was welcomed by head teacher Grahame Price (pictured above) and Lord Mawson, a member of the school’s trust, and met pupils of all ages during a tour of the school. She presented special awards for excellence to students Rakib Uddin and Tahera Begum.

From plot to plate

BY LARAIN CLAY

CHILDREN from Chisenhale Primary School will be able to try out their gardening and cooking skills over the summer holidays, thanks to one of their teaching assistants.

Cassie Liversidge has written and illustrated a step-by-step guide to growing fruit and vegetables right through to using them for cooking the special pasta recipe at the end of the book.

The 39-year-old, who has two children at the school and lives in nearby Grove Road, Bow, says the book will enable youngsters to grow their own ingredients for the pasta sauce.

She has been assisting at the school for three years, teaching gardening and helping to develop a roof garden and a small garden in the grounds.

“My approach to gardening



(Above) Cassie Liversidge with green-fingered pupils

is through my love of eating, and to get children to understand where food comes from,” she said.

“We have one of the smallest plots here at Chisenhale, so if we can do it, anyone can.”

She is planning another gardening book in the New Year, this time for adults.

Grow Your Own Ingredients is available from Victoria Park Books, 174 Victoria Park Road, Eg.



PRIMARY school pupils who took part in a year-long dance project showcased their work and celebrated their achievements at a dance festival in Bethnal Green. The Dance Moves project, run by the Language of Dance Trust, provided weekly sessions for youngsters at Lawdale, Osmani, St John’s, Hague Primary and Gainsborough primary schools. Magical toys and childhood games was the theme of the choreographed pieces and the project aimed to inspire the young dancers to be creative and confident. The Dance Moves Festival was held at Oxford House in Bethnal Green on July 3. Visit www.lodc.org

OAKLANDS School students shared their creative art works at a special exhibition last week, named Night and Day. Every student in year 8 was asked to paint a picture of the city on an A3 sized canvas, using ultra-violet paints in the place of lights, windows and signs. These were then put together to create a cityscape. Students explained that when viewed under UV light it came to life with electric vibrancy.



East Thames at NOW BOW

E3

WELCOME TO NOW BOW, A DISTINCTIVE AND VIBRANT DEVELOPMENT OF 1 BEDROOM APARTMENTS IN LONDON’S COOLEST DISTRICT - BOW E3

New Homes from £75,000*





Helping to prevent isolation

The annual activity days have been organised after a consultation project five years ago found some disabled people in mainstream schools were at risk of feeling isolated.

SEE BELOW

Services information

The council has produced a directory of services for disabled children and young people. Download it at...

WWW.TOWERHAMLETS.GOV.UK

News

Pupils gather for sport and artistic fun

BY IAN READ

MORE than 140 young people with disabilities gathered to learn new skills and ensure they feel included.

The sessions were designed for youngsters aged between five and 18 with significant learning and physical disabilities in the borough's mainstream schools, or pupils at special schools or units who are soon to transfer to mainstream education.

In total 144 children from 32 schools took part in two four-hour sessions, at Mile End Leisure Centre, enjoying sporting activities such as judo, football, wheelchair basketball and boccia.

Creative arts workshops on offer included music, theatre dance and graffiti art.

Mayor Lutfur Rahman said: "These events present a valuable opportunity for children and young people to take part in activities specially set up for them, rather than adapted activities."

"It is so important that we do all we can to inspire young people



A game of wheelchair basketball proved very popular

with disabilities and ensure they are listened to."

The events allowed children and young people to meet others with disabilities.

It also gave them the chance to try out some new activities and to have opportunities to practise getting their voices heard through consultation.

Cabinet member for children, schools and families Cllr Oliur Rahman added: "The feedback from the young people has been really positive and I am delighted they had such fun and were

able to make new friends and learn new skills."

This year the consultation focused on what services best support friendships and family life.

The young people expressed their views through creative arts, questionnaires and being interviewed using symbols, pictures and photos.

The activity days came about after a consultation project five years ago found some young people in mainstream schools were at risk of feeling isolated, perhaps being the only wheelchair user in the school for example.



Hasan dancing



Whaيدا takes a ride on a tricycle

LAUNCHING

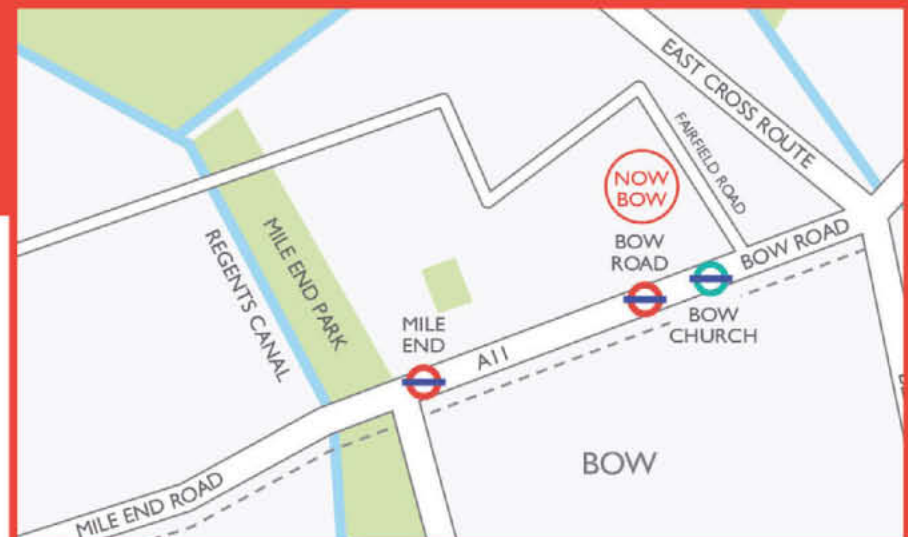
Wednesday 29th July & Saturday 3rd August

These new homes are available now through Shared Ownership

Viewings by appointment only

0844 409 7985

www.east-thames.co.uk/property/now-bow



Value shown represents a 30% share of a one-bedroom apartment valued at £250,000. Service charges also apply. Information correct at time of going to print July 2013.

east THAMES



SUMMER FUN 2013



Hundreds of activities for YOUNG PEOPLE

Mon, Jul 22 Sat, Aug 31

BYM Summer Programme
5-8pm
Bernier Centre, Ponler Street, E1 1QN
Ages 13-19
The programme will provide workshop, trips, residential and indoor activities.
Noor Uddin 07961 898 339

Mon, Jul 22 Sat, Aug 31

BYM Multi Sports Summer Programme
4-7pm
Bernier Football pitch, Ponler Street E1 1QN
Ages 11-19
Structured multi sports coaching sessions.
Noor Uddin 07961 898 339

Mon, Jul 22 Fri, Aug 30

Boy's Summer Project
5.30-8.30pm
Whitechapel Youth Project, Whitechapel Centre, Myrdle Street, E1 1HL
13-19 and up to 25 with Special Educational Needs
Take part in activities such as mural art, Cardrome, laser shooting, boxercise and more.
Zuber Ahmed 020 7377 5930

Mon, Jul 22 Fri, Aug 30

Girl's Summer Project
Every Mon-Thur from 2-6pm and 6-9pm.
Whitechapel Youth Project Whitechapel Centre, Myrdle Street, E1 1HL
Ages 13-19 and up to 25 with SEN
Take part in mehndi art, jewellery making, multi sports, laser shooting, BBQ, bowling and trips.
Shenally Miah 020 7377 5930

Mon, Jul 22 Fri, Jul 26

Community cohesion & personal development
1-6pm.
Streets of Growth, 160 Chrisp Street, E14 6NL
Ages 8-19
Take part in our change leaders programme, team challenges, gym and boxing training and many more.
Koyes Ali or Saifur Jaman 020 7515 7356

Mon, Jul 22 Fri, Aug 09

Active Futures' Programme
Mon-Fri from 10am-4pm.
10 Mullet Gardens,

London, E2 7AG

Ages 13-19

Fun activities including indoor athletics, basketball, obstacle course, hockey and day trips to the Tower of London and Museum of London Docklands.
020 7488 9421

Mon, Jul 22 Fri, Aug 23

Society Links

Mon-Fri from 1-5pm.
80 John Fisher Street, London, E1 8JX
Ages 13-19
Fun activities including table tennis, workshops, arts and crafts and job searches.
020 7702 0901

Mon, Jul 22 Fri, Aug 23

Off the Streets

Mon, Tues, Thurs and Fri from 11am-4pm.
Mile End Park Leisure Centre and Stadium, 190 Burdett Road, London, E3 4HL
Ages 13-19
Group development workshops and day trips to premier league football clubs.
07956 680 029

Mon, Jul 22 Fri, Aug 30

Summer Programme

Mon to Thurs from 10am-1pm & 2pm-4pm.
88 Mile End Road, London, E1 4UN
Ages 13-19
Fun activities including arts and crafts, games, workshops, computer and internet sessions, swimming and summer party.
020 7078 4099

Tue, Jul 23 Sat, Aug 24

Aasha Project

Mon, Wed, Thurs and Fri-2-5pm & 6-9pm. Sat 3-6pm.
Osmani Trust, 58 Underwood Road, London, E1 5AW
Ages 13-19
Activities include football, boxing, accredited workshops and trips including jet skiing, cardrome and bowling.
020 7247 8080

Tue, Jul 23 Sat, Aug 31

R-U-SET (Road to Universal Success in Education & Training)
Mon-Fri -10am-4pm.

Club 55, Stewart Street, Isle of Dogs, London E14 3JH
Ages 13-19

Activities include photography workshops, art competition, swimming, and days out to London Zoo, Science Museum, Kew Gardens and Great Yarmouth.
0845 338 0384

Tue, Jul 23 Fri, Aug 30

Summer Twirling Workshops

Tues 5-9pm, Fri 5-9pm and Sun 10am-5pm
Tues-St Matthias Church, Poplar High Street, London, E14 8PS.
Fri-Birchfield Community Hall, Saltwell Street, London.
Ages 13-19

Join our fun majorettes lessons, learn new skills and take part in our showcase event at the end of the week.
07818 816 968

Wed, Jul 24 Thu, Aug 29

Raaxo Summer Programme

12-10pm
Harpley PRU, Globe Road, E1 4DZ
Centre based and offsite visits incorporating workshops.
Peter Maher 07908 123 964

Wed, Jul 24 Fri, Aug 23

Wessex

6-10pm
Harpley PRU, Globe Road, E1 4DZ
Centre based and offsite visits incorporating workshops.
Peter Maher 07908 123 964

Wed, Jul 24 Wed, Aug 28

Duke of Edinburgh Award

Every Wed from 3-6pm
Harpley PRU, Globe Road, E1 4DZ
Ages 14-19
Duke of Edinburgh
Peter Maher 07908 123 964

Thu, Jul 25 Thu, Aug 22

Summer Project- Mixed & Girls

Every Tue and Thur from 2-8pm, Every Wed from 2-7pm
Ensign Youth Club, Wellclose Square, off The Highway, E1 8HY
Ages 13-19
Educational activities to develop knowledge, skills and experiences.
Zainab Abdullah 020 7702 3340

Thu, Jul 25 Fri, Aug 30

Keeping young people on track programme

Every Thur from 9am-4pm
Meet @Harpley PRU, Globe Road, E1 4DZ
Off road motorcycle and riding and maintenance project.
Gwen Jones 020 7364 4937

Thu, Jul 25 Thu, Aug 29

Columbia Summer Fun

6-9pm
27 Columbia Road, E2 7QB
Ages 13-19
Club activities and trips.
Asif Rob 020 7729 5284 or Peter Maher 07908 123 964

Thu, Jul 25 Fri, Aug 30

Columbia Girls and Young women's Summer Project

Every Fri from 3-6pm
27 Columbia Road, E2 7QB
Ages 13-19
Arts and leisure activities plus residential.
Gwen Jones 020 7364 4937

Thu, Jul 25 Thu, Aug 29

Harpley Girls

12-6pm
Harpley PRU, Globe Road, E1 4DZ
Club activities and trips.
Gwen Jones 020 7364 4937

Thu, Jul 25 Fri, Aug 30

Creative, Innovative, Talented Youth (CITY)/ Personal development, active citizenship, sports and recreational

Every Mon-Thur from 10am-1pm, 2-5pm and 6-8.30pm.
Progressive Youth Organisation (PYO), Montefiore Centre, 2nd Floor, Hanbury Street, E1 5HZ
Ages 8-19 and up to 25 with SEN
The project will have a theme of helping young people to learn about creativity through arts and music programmes.
Mahbub Hussain or Shahanara Begum 020 7988 3360

Thu, Jul 25 Thu, Aug 29

HoodForts/Film, Photography

Every Thur-Sun from 11am-1pm and 5.30-8.30pm.
Mile End Community Project, 111 Eric Street, (entrance via Hamlets Way), Mile End, E3 4TL
Ages 17-19

HoodForts© (a project of Mile End Community Project) is a creative platform that allows young people to communicate their thoughts through creative mediums.
Assan Ali 07951 705 450 or Nurull Islam 07961 397 369

Thu, Jul 25 Sun, Aug 04

Healthy Hearty Summer (Girls only)

9am-6pm. Our Base Ltd, London Metropolitan University, Basement, 16 Goulston Street, E1 7TP
Ages 13-19
Sporting activities, bbq, workshops, healthy cooking sessions and awareness activities.
Ebadur Rahman 07738 632 688 or 020 7377 8775

Thu, Jul 25 Sun, Aug 04

Summer Club (boys only)

12-9pm.
Our Base Ltd, London Metropolitan University, Basement, 16 Goulston Street, E1 7TP
Ages 8-19
Sporting activities, football training, workshops, trips other awareness activities.
Ebadur Rahman 07738 632 688 or 020 7377 8775

Thu, Jul 25 Fri, Aug 30

High Impact Adventure

12-4pm.
Outdoor Education Team, 150 Burdett Road, E3 4JT
Ages 13-19 and up to 25 with SEN
Test your canoeing and climbing skills in challenging venues.
Luke Williamson 020 7364 0854

Thu, Jul 25 Fri, Aug 30

SNC Summer Programme

Mon to Fri-10am-3pm.
The Whitechapel Centre, Unit 4, Myrdle Street, London, E1 1HL
Ages 13-19
Fun activities including arts and crafts, educational workshops, photography workshop, swimming lessons, bowling and visits to parks and farms.
07984 195 538

Thu, Jul 25 Fri, Aug 23

Ensign Youth Club

Tues and Thurs 2.30-8.30pm.

Wed-2pm-8pm.

Wellclose Square, off the Highway, London, E1 8HY
Ages 13-19
Fun activities including indoor and outdoor games, CV and interview techniques workshops, creative arts and trips.
020 7702 3340

Thu, Jul 25 Sat, Aug 31

Summer Activities Workshops

Mon, Tues and Wed 11am-5pm.
Dora Hall, Dora Street, London, E14 7TP
Ages 13-19
Arts and crafts, sports and fitness classes.
07545 248 859

Thu, Jul 25 Sun, Aug 25

Summer Programme

Mon. Tues, Wed, Fri and Sat. 10am-12 noon, 1-3pm & 4-6pm.
Hind Grove Community Hall (off Stainsby Road), London, E14 6JP
Ages 13-19
Take part in our Mini Olympics sports and cultural event, obstacle course, cricket, netball, and basketball.
07538 601 937

Thu, Jul 25 Fri, Aug 30

Tower Hamlets Police Cadets

Mon and Fri-10am-3pm.
Bow Police Station, 111 Bow Road, Bow, London, E3 2AN
Ages 13-19
Programme aimed at getting young people out in the countryside.
020 8500 2735

Fri, Jul 26 Sat, Aug 17

Getting along with Mudchute

10am-4pm
Mudchute Park and Farm, Pier Street, E14 3HP
Ages 8-19 and up to 25 with SEN
Take part in training opportunities such as customer service, health and safety, child protection and volunteering.
Laura Preshous or Cressida Knapp 020 7538 8456

Sat, Jul 27 Sun, Sept 01

Our Base Organisation

Every Sat from 12-6pm and Every Sun from 2-7pm

Our Base, 16 Goulston St, E1 7TP
Ages 13-19
Summer project with workshops and recreational activities.
Ibadur Rahman 07738 632 688

Sat, Jul 27 Sun, Sept 01

Shadow Youth Alliance
Every Sat & Sun from 12-6pm
Unit 3 -4, THCH, Teasdale St, Connaught House, E2 6GF
Ages 13-19
Summer project with workshops and recreational activities.
Anam Hoque 07956 000 551

Sat, Jul 27 Sat, Aug 31

Summer Dance Project 2013
Mon, Tues. Thurs and Sat 10am-2pm. Wed 1-5pm.
Island House Community Centre, Roserton Street, London, E14 3PG
Ages 13-19
Dance till you drop at our Embrace Dance and InDaHouse Street Dance classes.
020 7531 0314 or 07779 098 244

Sun, Jul 28 Sun, Sept 01

Urban@Attlee
Every Sun from 10.30am-4.30pm
Attlee Youth Centre, Thrawl Street
Scouts and martial arts
Tipu Miah 07908 123 662

Mayor’s Activities for Young People Programme (MAYP)

MAYP aims to enhance the development of young people targeting 8-19 year olds or up to 25 for those with special educational needs (SEN) who are identified as being not in education, employment or training or at risk of crime, anti-social behaviour, truancy or social exclusion. The scheme enables them to become involved in positive activities during the summer holidays.

For more information contact MAYP co-ordinator Abul Ali on 020 7364 0797 or providers direct.

Jul 22-Aug 23

Streets of Growth
Young people have the opportunity to develop their art skills to create a community piece of art.
Streets of Growth, 160 Chrisp Street, E14 6NL
Ages 8-19
Koyes Ali or Saifur Jaman 020 7515 7356

Jul 25-Aug 31

Our Base Ltd-Girls’ project
Fruit farm trip and creative

activities.
Our Base Ltd, London Metropolitan University, Basement, 16 Goulston Street, E1 7TP
Ages 13-19
Ebadur Rahman 07738 632 688 or 020 7377 8775.

Jul 25-Aug 30

Outdoor Education Team
The project offers multi-day trips to challenging venues where young people can push their limits as climbers and canoeists.
Outdoor Education Team, 150 Burdett Road E3 4JT
Ages 13-19 and up to 25 with SEN
Luke Williamson 020 7364 0854

Jul 25-Aug 30

Progressive Youth Organisation (PYO)
The project will help young people to learn about creativity through arts and music programmes.
Progressive Youth Organisation (PYO), Montefiore Centre, Hanbury Street, E1 5HZ
Ages 8-19 and up to 25 with SEN
Mahbub Hussain or Shahanara Begum 020 7988 3360

Jul 25-Aug 30

Splash Play
Young people will have the chance to make the maddest hats and rabbit ears, bake cakes and decorate tea cups.
St Matthias Community Centre, 113 Poplar High Street, E14 0AE
Ages 8-25
Mohima Kamaly 07903 324 362 or 020 7093 0673

Jul 25-Aug 29

Map Squad
Young people can learn how to use DJ rigs, beat match, explore music genres and create their own playlists.
Montefiore Centre, 2nd Floor, Hanbury Street, E1 5HZ
Ages 13-19 and up to 25 with SEN
Tina Poyzer or Millie Cooper 020 7247 3030

Jul 25-Aug 26

Weavers Community Forum
Participants have the chance to take part in table tennis, henna painting and poster designing.
Weavers Community Forum (WCF), 10 Shacklewell Street, Bethnal Green, E2 7EG
Ages 8-19
Abdul Hakim Choudhury 07904 186 436

Jul 25-Aug 25

Mile End Community Project
An opportunity to learn about film and photography with a

view to making a short film.
111 Eric Street, (entrance via Hamlets Way), Mile End, E3 4TL
Ages 17-19
Assan Ali 07951 705 450 or Nurull Islam 07961 397 369

Jul 26-Aug 31

Young and Talented
Young people can gain training in stage management, lighting, sound, set and costume design.
Oxford House, Derbyshire Street, E2 6HG
Ages 13-19
Suzann McLean Robinson 020 8556 5348 or 07973 440 775

Jul 26-Aug 18

Mudchute Association
Training opportunities will be offered alongside a range of work experience opportunities which will enhance participant’s employment skills.
Mudchute Park and Farm, Pier Street, E14 3HP
Ages 8-19 and up to 25 with SEN
Laura Preshous or Cressida Knapp 020 7538 8456.

Jul 27-Aug 31

Our Base Ltd-Boys’ project
Participants will have the chance to attend West Ham Football Club as well as design posters and t-shirts.
Our Base Ltd, London Metropolitan University, Basement, 16 Goulston Street, E1 7TP
Ages 8-19
Ebadur Rahman 07738 632 688 or 020 7377 8775

Jul 27-Aug 31

Island House
Dance and exercise sessions including pilates and circuit training plus healthy lifestyles and safeguarding workshop.
Island House Community Centre, Roserton Street, E14 3PG
Ages 13-19
Steve Hill 020 7531 0314 or 07779 098 244

Jul 29-Aug 30

Society Links
Participants will be able to take part in a pool competition, ICT workshops and a trip to the cinema.
Society Links, 80 John Fisher Street, E1 8JX
Ages 8-19
Joyce Archebold 07956 281 838

Jul 29-Aug 30

Osmani Trust-Amaal Girls’ Project
Girls will have the chance to visit places of worship, heritage and culture to develop their personal and social skills.

Osmani Trust, 58 Underwood Road, E1 5AW
Ages 8-19
Noorjahan Rashid 020 7247 8080 or 07846 833 481

Jul 29-Aug 30

Max Music Studio (Girls only)
Participants will learn about music production development, song writing and performance techniques.
Max Music Studios, Suite B4b, Bow Business Centre, Bow Road, Bow, E3 2SE
Ages 13-16
Astaphan Simon 07949 677 692 or Jessi Darroux 07554 833 883

Jul 29-Aug 23

Mind Your Language CIC
A project which introduces the French language and culture to young people
Ian Mikardo High School, 60 William Guy Gardens, Talwin Street, E3 3LF
Ages 8-16 with SEN
Kemi Dowokpor 020 3022 5572 or 07961 046 616.

Jul 29-Aug 30

East Girls’ Project – The Rooted Forum
ASDAN Leadership course, sports, dance sessions and day trips to the cinema, bowling, ice skating and London Dungeon.
Tarling East Community Centre, 63 Martha Street, E1 2PA
Ages 13-19 with SEN
Nur Choudhury 020 7423 9146

Jul 29-Aug 9

The Arbour
The project will integrate young people into volunteering and assist them in gaining essential life skills.
The Arbour, Herford Multi Centre, 1st Floor, E1 4FG
Ages 17-19
Zakaria Hussain 020 7790 6578 or 07940 754 417

Jul 29-Aug 8

Indymedia 3 Productions
Filmmaking projects where young people manage and produce a short film of their choice.CV writing sessions will also be offered.
Indymedia3 Productions, 51 Bow Common Lane, E3 4AU
Ages 13-16
Kalim Uddin 07939 398 262

Jul 29-Aug 2 & Aug 12-17

Action Dog CIC
Basic film production and animation workshop.
John Scurr, Community Centre, 1a Bekesbourne Street, E14 7J
Ages 13-19 and up to 25 with SEN
Tim Barklem 020 7998 8376 tim@actiondog.net

Jul 29-Aug 23

Bangladesh Youth Movement-Women’s Centre
Offering health workshops, bowling, first aid, mehndi & beauty tutorials, dressmaking and painting sessions plus trip to Natural History Musuem.
Bangladesh Youth Movement (BYM), The Whitechapel Centre, Myrdle street, E1 1HL
Ages 13-19 and up to 25 with SEN
Rahela Sultana or Shahiyaz Alam 020 7377 8668

Jul 29-Aug 3

City Gateway
Olympic Legacy Project where participants will have the opportunity to get involved in a range of sports and recreational activities, from indoor climbing to silk painting, and gain accreditations in each activity.
Ages 13-19
Randy Ashie 020 7531 6199 or 07958 190 623

Jul 29-Aug 30

The Rooted Forum-Boys’ Project
Young people can take part in CIEH Health and Safety workshop as well as a trip to Thorpe Park and drama sessions.
Tarling East Community Centre, 63 Martha Street, E1 2PA
Ages 13-19
Nur Choudhury 020 7423 9146

Jul 30-Aug 30

Malmesbury Community Projects
Participants have the opportunity complete the securities industry recognised SIA course.
Caxton Community Hall, Caxton Grove, E3 2EE
Ages 8-19
Naz Ali 020 8880 7032 or 07932 812 493

Jul 31- Aug 29

Apasenth-SEN project
Offering arts, craft, cooking and enterprise activities plus day trips to London Aquarium (SeaWorld), London Eye and to London’s vibrant street markets.
Ages 13-25 with SEN
Korima Khatun 020 7001 2269 or 07538 721 245

Aug 1-Aug 30

Ocean Youth Connexions NEET
A range of sports and leisure activities including kwik cricket, football, table tennis, pool competition, table football, outside badminton and basketball.
Ocean Estate Tenants Association, Community Hall, Ernest Street, E1 4SE
Ages 8-19 and Not in Employment, Education or Training

Kamal Ahmed 07956 907 379

Aug 5-Aug 23

Vallance Community Sports Association (Boys project)
Opportunities for personal development through the provision of quality sports and recreational activities.
Vallance Community Sports Association, 62 Old Nichol Street, E2 7HP
Ages 13-19
Junel Uddin 020 3441 9392 or 07956 835 811

Aug 12- 20

Cornucopia Theatre Company
Shakespeare on Video– learn techniques in acting the text a Midsummer Night’s Dream.
Glamis Estate Residents’, Hall, 414 Cable Street, Shadwell, E1 0AF
Ages 8-25 with SEN
Mark Turner 020 7683 2358 or 07914 135918

Aug 12-Aug 30

Step Forward
A wide range of fun, creative, interactive and challenging activities.
Step Forward, 234 Bethnal Green Road, E2 0AA
Ages 8-19 and up to 25 with SEN
Solyma Khatun 07958 614 364 or Silva Naves 020 7739 3082 email Silva@stepforward-web.org

Aug 12-Aug 23

The Arbour-Soccer Academy
The football programme will give participants the opportunity to learn new skills and engage in positive physical activities.
Mile End Stadium, Rhodeswell Road, E14 7TW
Ages 8-19
Derek Spicer 020 7780 3112 or 07722 162 168

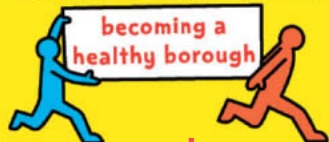
Aug 19-Sept 1

Junior Muslim Circle (JMC)-Boys’ Project
Indoor and outdoor activities and role play and a football tournament.
East London Mosque, 82-92 Whitechapel Road, basement, E1 1JQ
Ages 8-19
Mustaq Ahmed 07956 062 010

Aug 19-Aug 31

Junior Muslim Circle (JMC)-Girls’ Project
Offering arts and crafts, henna painting, beauty therapy and canvas painting workshops.
East London Mosque, 82-92 Whitechapel Road, basement, E1 1JQ
Ages 8-19
Mustaq Ahmed 07956 062 010 or Masuma Tahmina on 07543 103 028

tower hamlets



**can do
Community Led Projects**

What's available? Project start up support of up to £500 is available to individual community members or informal community groups. (This funding is **not** available to larger organisations). So far, over 270 projects have been supported across Tower Hamlets.

What types of project? Your project must show that it supports members of your local community to be more physically active, to improve your local environment, to eat well and maintain a healthy weight or to encourage walking or cycling. You must coordinate the project on a voluntary basis.

What Can You Do With £500?

**Deadline:
5pm Monday
19th August
2013**

**Do you have an idea
that will help people or
communities be more active, eat
healthier food or improve their
local environment?**

**change
4 life**

Eat well Move more Live longer

How do I apply? To apply for project start up support, you will need to contact the **Community Development Worker (CDW)** based in your LAP area and ask for an application form.

What help can I get with the application form? The CDWs can help you develop your project idea and write your application. They will be happy to arrange a time to meet you. Here are their contact details:

Osmani Trust
(LAPs 1 and 2)
58 Underwood Road,
E1 5AW
Alema Akthar
Email: cando@osmanitrust.org
tel: 0207 247 8080
mob: 07960 035835



Bromley-by-Bow Centre
(LAPs 5 and 6)
St Leonards Street,
E3 3BT
Riarna Pinnock
Email: Riarna.pinnock@bbbc.org.uk
tel: 0208 709 9845
mob: 07507 556923



Stifford Centre
(LAPs 3 and 4)
2-6 Cressy Place,
E1 3JG
Jay Khanom
Email: cando@stifford.org.uk
tel: 0207 790 3632
mob: 07969 737090



Island House
(LAPs 7 and 8)
Roserton Street,
Isle of Dogs,
E14 3PG
Cathy Weir
Email: cando@island-house.org
tel: 0207 531 0312



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Marooned in England's ports

While those living in rural England would likely never have seen a black, Asian or Chinese face, the story in the port cities of England, in London (left), Liverpool and Bristol, was different.

SEE BELOW

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

WWW.EASTLONDONHISTORY.COM

History

Questionable motives as slaves & soldiers 'granted' passage to Africa

BY JOHN RENNIE

NUMBER 212 Whitechapel High Street is an unremarkable stretch of London street in 2013 – though doubtless home to good works as the site of the Methodist Church's Whitechapel Mission.

But two centuries ago, it was one of the linchpins of a much more ambiguous charitable institution. For this was the site of the White Raven tavern, and it was from here that the controversial Committee for the Relief of the Black Poor disbursed its funds, and launched a plan to resettle the ever-growing non-white population of London back in Africa.

The image of London as a white city before the large-scale immigrations of the 20th century is, of course, a myth. While those living in rural England would likely never have seen a black, Asian or Chinese face, the story in the port cities of England, in London, Liverpool and Bristol, was different.

One of the major reasons was slavery, with many black people being brought to London as servants, but there were also black seamen who had signed up on British ships and found themselves settled, or marooned, in London, alongside 'Lascars', as Asian seamen were known.

And after 1776, many black soldiers who had fought on England's losing side in the American War of Independence, ended up in London – refugees from retribution by the victors. Many suffered prejudice: a black sailor seeking employment in London was unlikely to have much luck, and so many found themselves destitute.

And so it was that a group of London worthies established the Committee in 1786 to help. But almost immediately they met suspicion from their beneficiaries – and little wonder. Among the founders of the committee was Thomas Beddington: a philanthropist, an abolitionist... but also a trader with the West Indies and a slaver.

Alongside George Peters, the governor of the Bank of England, there was John Julius Angerstein. Another self-professed philanthropist, Angerstein had grown so rich on his slaving estates in Grenada that he could stock his Pall Mall home with the finest collection of art in London. When he died, it would form the nucleus of the new National Gallery's catalogue. And there was General Robert Melvill, governor of the slave colony of Grenada.

(Right) Many black people had been brought to London as slaves by the likes of John Julius Angerstein (top right), who had grown rich on his slaving estates in Grenada and was part of the controversial Committee for the Relief of the Black Poor, along with Henry Sykes Thornton (bottom right)



Samuel Hoare, a Quaker and one of the founders of the Society for the Abolition of the Slave Trade was aboard too, as was Granville Sharp, who would become one of the most tireless campaigners for the rights of slaves in the celebrated Jonathan Strong case. But it was hardly surprising that many were sceptical about the motives of men so bound up in profiting from slavery.

Initially, the alms distributed at the White Raven were for the relief of the Lascars, and then the committee identified 250 'Blacks in Distress', just 35 of them from the East Indies, the others originating from Africa and the West Indies. A hundred of those said they had been in the Royal Navy before being washed up in London.

Significant funds were raised, and distributed from the door of the White Raven, but the committee soon had grander plans. Rather than trying to settle black people in Wapping, Whitechapel and the City, how about finding a new home for them back in Africa?

Historians argue about the motives of the men. Were they trying in some small way to right the injustice of the countless million slaves who had been taken from Africa over the centuries? Or simply trying a little proto-ethnic cleansing of the streets of London, returning them to their once exclusively white status?

And certainly Britain's earliest attempts to resettle displaced black people were less than successful. After the American Civil War, large numbers of freed slaves, and those who had fought on the losing side, were offered the chance to resettle by the British authorities – in Nova Scotia. Not surprisingly perhaps, this experiment in a cold and inhospitable corner of America largely failed. The committee, at their Whitechapel meetings, now set their eyes on a new state in Africa – Sierra Leone.

It's a testament to how bad things must have been in London that any signed up to travel at all. The invitation, after being taken from Africa by force, transported halfway around the world in chains, and marooned in a foreign land, was to be uprooted once more, for a strange country most of them would never have seen (many of them would never have seen Africa at all, let alone Sierra Leone).

And yet, in October 1786, barges left Wapping en route to three ships off Deptford, and thence to Africa. There were several hundred men, women and children aboard (they would be followed by another fleet from Portsmouth the following year).

Each signed an agreement that they would remain British subjects, and enjoy the protection of the Royal Navy, and each was handed a paper granting



them citizenship of Sierra Leone.

In May 1787 they landed in 'the Province of Freedom' and set about building the new capital of Granville Town, named after Mr Sharp. The result was perhaps sadly predictable – disease and attacks from the local people cut a swathe through the colonists. But still they came.

The committee continued meeting at Whitechapel's White Raven in any event, and soon mutated into the Sierra Leone Company. The new colony, with its new capital Freetown, continued to welcome settlers, including hundreds from the ill-conceived Nova Scotia experiment, and still they struggled.

The new Africans found that their 'protection' from the British Government was a double-edged sword, with British companies holding trading rights for the colony, and their own ventures unable to thrive. The Sierra Leone Company refused to let the settlers have freehold of the land: the 'freed' black settlers were still working for a company in far-off London. The brave new world conceived in an East End pub was beginning to look horribly familiar.

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Tuesday, July 23

5pm: Licensing sub-committee

Business includes applications for new premises licences for: Powerleague Fives, Braithwaite Street, E1 and Chillies, 76 Brick Lane, E1.

For details, call 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

5.30pm: Overview & scrutiny committee

The meeting will discuss a mayoral decision on the community chest and community events fund 2012-14 as well as a report on the cumulative impact policy for Brick Lane area.

For details, call 7364 4333 or email angus.taylor@towerhamlets.gov.uk

6pm: Appointments sub-committee

For details contact Angus Taylor (see above).

Wednesday, July 31

5.30pm: Cabinet

For details, call 7364 4651 or email matthew.mannion@towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except Cabinet.



Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Credit unions: 'an idea whose time has come'

RESIDENTS facing financial hardship are being urged to join a credit union as an alternative to payday lenders.

The London Community Credit Union is one of the largest in the capital and a local financial co-operative for Tower Hamlets.

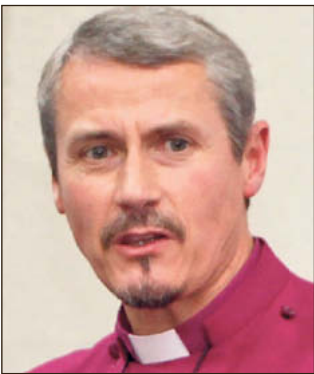
Supported by the council, it offers similar products to a bank but is owned by, and run for, the community.

Among those keen to promote the benefits of credit unions is the Bishop of Stepney, the Rt Rev Adrian Newman, who helped set up a credit union in Sheffield 20 years ago.

"I've been a supporter of the movement ever since," he said.

"We're going to hear a lot more about them over the next few years, as the impact of economic recession and the welfare cuts bite deep in to some of our most vulnerable communities.

"They encourage people to manage their money well, offer a genuine way out of the snare of debt and recycle money in the



The Bishop of Stepney

local economy, so they are an ethical investment of the highest order. Credit unions are an idea whose time has come!"

Danny Jeffers, from Bow, joined the credit union to save some money and pay his bills by direct debit.

"I liked the idea of the credit union because it is a community-based financial organisation with simple, easy banking, that looks at your overall financial profile, rather than your credit rating," he said.

"It's friendly and when I opened my account, the advis-

er went through my income and expenditure to help me find ways to save towards holidays and occasions like Christmas."

Colin Eddy, general manager of London Community Credit Union, said: "Like consumer groups and advice charities, we see on a daily basis the devastating impact these high-cost lenders can have on the lives of people in our community. We must fight to end the scourge of these rip-off lenders on our high street, and credit unions have an important role to play."

For information about the credit union, call 7729 9218 or go to www.londoncu.co.uk

The London Community Credit Union has been developing the support it can offer following changes to benefits.

Find out more on Thursday, July 25, from 11am-12.30pm, at Toynbee Hall lecture hall in Commercial Street, Aldgate.

To register to attend email info@londoncu.co.uk with the subject line "solutions to welfare reform" or call 7729 9218.

Planning

E2

249 Globe Road – change of use of restaurant to two-bedroom live/work unit (sui generis); rear extension at 1st floor level and addition of rear dormer.

E3

Former St Andrews Hospital, Devas Street – request for screening opinion as to

whether an application for Block E of the consented former hospital development requires an environmental impact assessment.

E14

Sub-station Poplar Baths, 170 East India Dock Road – reconfiguration of Poplar Baths building to facilitate new electricity sub-station, including cable ducts. 183, 185, 187 & 189 South Quay

Plaza, Marsh Wall – request for scoping opinion as to information to be contained within environmental impact assessment in support of application for redevelopment.

This is not a definitive list of all current planning applications. For more details go to the council's website at www.towerhamlets.gov.uk and click on Planning & Building.

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1.

7790 1344
www.lifeline.org.uk

Nafas

Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14. 7538 9421

Young People's Service

Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878
www.lifeline.org.uk

Isis

For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1. 7426 0399
www.compass-uk.org

Community Alcohol Team

Unit 22, Skyline Village Limeharbour, E14. 0800 008 7200
www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3. 7510 1081

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For more information



Register now for free news

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MY.TOWERHAMLETS.GOV.UK

Joy for history buffs

The Local History Library and Archives in Mile End has re-opened to the public after refurbishment works.

OPENING TIMES BELOW

Council information

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance – 7364 5007
Environmental health, trading standards & licensing – 7364 5008
Planning & development – 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364 5015
Healthline – 7364 5016

Report it!

To report an incident, use these 24-hour freephone numbers:
Non-emergency crimes – 101
Textphone – 18001 101
Hate crimes – 0800 138 0521

General enquiries

For other council enquiries call 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3) – 7364 3558
Homeless service – 7364 7474
Choice-based lettings – 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you



BETHNAL Green resident Carolin Hartung took this photo of “a relaxing trip” in Victoria Park. Describing herself as a “painter, tailor, musician and self-made photographer” from Germany, she wrote: “I invade London to live my creativity and enjoy life in my lovely London. I love basking in the Victoria Park.” If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be at least 1MB and 300 dpi.

need to contact, call the switchboard on 7364 5000.

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Other useful information

Safer Neighbourhood teams (SNTs)
SNTs operate in every ward in

Tower Hamlets, providing dedicated community policing that works to priorities set by the public through Local Area Partnerships (LAPs). To find out more about SNTs, contact your local team:
Bethnal Green North 8721 2851
Bethnal Green South 8721 2849
Blackwall & Cubitt Town 8721 2877
Bow East 8721 2807
Bow West 8649 3521
Bromley by Bow 8721 2041
East India & Lansbury 8721 2806
Limehouse 8721 2852

Mile End & Globe Town 8721 2853
Mile End East 8721 2848
Millwall 8721 2850
Shadwell 8649 3524
Spitalfields & Banglatown 8721 2042
St Dunstan's & Stepney Green 8721 2808
St Katharine's & Wapping 8721 2854
Weavers 8721 2043
Whitechapel 8649 3520

If a crime is in progress, there is an emergency or if

anyone is in immediate danger please dial 999.

24-hour domestic violence national helpline
0808 2000 247

Trading standards
Consumer Direct: 08454 040506

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney & Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Temporarily closed during building works, until June. 7364 1290; email localhistory@towerhamlets.gov.uk

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Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 4944



পরিচ্ছন্ন বারা গড়ে তুলতে দুইটি নতুন টিমের কার্যক্রম শুরু

রাস্তাগুলোকে আরো পরিচ্ছন্ন, দেয়াল লিখন বা গ্রাফিটি অপসারণ এবং ফুটপাথ থেকে চুইংগাম অপসারণের লক্ষ্যে নতুন টিম মাঠে নামিয়েছে কাউন্সিল। ১৭ জুলাই পরিচ্ছন্ন কর্মীদের নতুন দলের কার্যক্রম উদ্বোধন করেন নির্বাহী মেয়র লুৎফুর রহমান। যেসকল এলাকায় গ্রাফিটি ও চুইংগাম সমস্যা প্রকট, নতুন টিম সেইসব এলাকায় নজর নেবে। বিস্তারিত পড়ুন নীচে

DEEP CLEANING TOWER HAMLETS

Harmony



Muna Mohamed with residents from Holmsdale House in Poplar

Muna oo heshay abaalmarin

National tenant of year award for Muna – see page 27

MUNA Mohamed oo ah ah gabadh Somaliyeed oo dalkan soo degtey iyada 15 jir ah, oo haatan ah hooyo afar carruur leh ayaa loo magacaabay abaalmarin heerkar qaran sannadkan.

Muna waa xubin firfircoon bulshadeeda dhexdeeda. Waxay xubin ka tahay maamulka walidiinta ee dugsiyada George Green's dugsiya hoose ee Wool-

more islamarkaana waxay samafal ahaan ahaan ugu adeegta dadka waayeeleka ah ee xaafada Poplar. Waxaa kale oo ay ku xigeen ka tahay ururka ay ka mid tahay ee ijaartayaasha, halkaas oo ugu sidii noloshooda loo hormarin lahaa deganayaasha sarta Holmsdale ee ku yaal Poplar High Street.

Intaasuun kuma eke, waxaa kale oo ay lug lacag ururinta

hawlah bulshada sida rugta caruurta ee farshaxanka, rugta waxbarashada dugsiga kadib, gaaroon, kooxda jimicsiga ee haweenka iyo maalmaha maaweelada sarta ay ku jirto ee maamusho Gateway Housing Association.

Muna waxay lagu aoonsiga ah ka qaadatay kulankii Tenant Participation Advisory Service 2013, Manchester lagu qabtay.

Booliiska oo dib-u-habayn lagu sameeyey

WAXAA isbedelo lagu sameeyey habka adeega booliiska ee ee deegaanka, iyadoo oo loo dank leeyahay in ay ilaalada lagu soo badiyo shaaricyada.

Iyada oo qayb ka ah qaabka cusub ee ilaalada neybarhoodhka, kooxda neybarhoodhku waxay noqon doonaan kooxda ciidamada ammaanka iyo ilaalada shaaricyada. Waxaa intaa u sii dheer xil culus, iyo in ay ilaaliyaan galbihii, iyo dhamaadka

todobaayayada shaaricyada. Iyaga oo adeegsanaya ogaalka ay u leeyihiin deegaanka, waxay masu'uul ka noqon doonaan baadhitaanka denbiyada neybarhoodhka isla markaana waxay si xoog leh uga hortagi doonaan fal denbiyeedka.

Taliyaha ciidanka booliiska ee gobolka ayaa yidhi: "Habkan cusubi wuxuu ka dhigi doonaa booliisku in ay haad u helaan waqti ku haboon

oo kala xidhiidhaadhaan dadweynaha. La tashiga dadweynuhu wuxuu muujinayaa in dadku ay helaan goobo ay ay la soo xidhiidhaan halka ay tagi lahaayeen saldhig booliis oo xidhan 10ka habeeimo."

Telefoonkaa lambarkiisu yahay 101 wuxuu ahaan doonaa wixii aan dedeg ahayn, dadweynuhuna wax ay xaq u yeelanayaan in codsan karaan in sarkaal guriga ku soo booqdo 48 saacadood guahood.

ডিজেল পার্কিং ব্যাজ এর অপব্যবহার রোধে কাউন্সিলের বিশেষ অভিযান শুরু

Tackling Blue Badge misuse on the streets – see page 7

স্থানীয় ব্যবসায়ীদের কাছ থেকে অভিযোগ পাওয়ার প্রেক্ষিতে ডিজেল পার্কিং ব্যাজ (ব্লু ব্যাজ) এর অপব্যবহার রোধে টাওয়ার হ্যামলেটস্ কাউন্সিল সাঁড়াশি অভিযান শুরু করেছে।

বারার বিভিন্ন এলাকার ব্যবসা প্রতিষ্ঠানের পক্ষ থেকে এই মর্মে অভিযোগ করা হচ্ছে যে, কিছু কিছু মানুষ জালিয়াতিমূলকভাবে ব্লু ব্যাজ ব্যবহার করে পে এন্ড ডিসপ্লে বে তে গাড়ি পার্ক করায় কাউন্সিলের তাদের গাড়ি পার্কিংয়ের ক্ষেত্রে ভোগান্তির শিকার হচ্ছেন।

যে সকল গাড়ি দৃষ্টিপ্রতিবন্দী কিংবা হেঁটে যেতে অক্ষম এমন যাত্রী পরিবহণ করে, সেগুলো গাড়ি দোকান, স্টেশন কিংবা অন্যান্য সুবিধাদির কাছাকাছি পার্ক করার ক্ষেত্রে ব্লু ব্যাজধারীরা অগ্রাধিকার পায়।

এই ব্যাজ এর অবৈধ বা অপব্যবহারের ফলে সত্যিকারের ব্যবহারকারীদের পার্কিং স্পেস যেমন কমে যায়, তেমনি পার্কিং ফি পরিশোধ না করাটা কাউন্সিলের সাথে প্রতারণার সমিল। অবৈধভাবে ব্লু ব্যাজের ব্যবহার দমনীয়

অপরাধ এবং ফ্রড এ্যাক্ট ২০০৬ এর আওতায় অভিযোগ প্রমাণিত হলে বিপুল অংকের আর্থিক জরিমানা, এমন কি জেল দণ্ডও হতে পারে। প্রধাণত ফ্রি পার্কিং করার জন্য পরিবারের অন্যান্য সদস্য কিংবা বন্ধুদের দ্বারা এই ব্লু ব্যাজের অপব্যবহার হয়ে থাকে।

ব্লু ব্যাজ অপব্যবহারের বিরুদ্ধে কাউন্সিলের অভিযানের প্রাথমিক লক্ষ্যবস্তু হচ্ছে সংক্ষিপ্ত সময়ের জন্য পার্কিং করা হয় যেসব এলাকায়, সেসব এলাকায় নজর দেয়া। সম্প্রতি নিউজ গোলস্টন স্ট্রিট, ব্রিক লেন এবং ওয়েন্টওর্থ স্ট্রিট এলাকায় কাউন্সিলের এনফোর্সমেন্ট টিম অভিযান চালায় এবং এসময় দুটি ব্লু ব্যাজ জব্দ করা হয়, একটি গাড়ি সরিয়ে নিয়ে যাওয়া হয় এবং একজনকে মৌখিকভাবে সতর্ক করে দেয়া হয়।

এ প্রসঙ্গে টাওয়ার হ্যামলেটসের মেয়র লুৎফুর রহমান বলেন, চলাচল সক্ষমতার অভাব রয়েছে যাদের, তারা যাতে সহজেই গাড়ি পার্ক করতে পারেন, তা নিশ্চিত করতে এই ব্লু ব্যাজ

স্কীম অত্যন্ত গুরুত্বপূর্ণ। জালিয়াতিমূলকভাবে এই ব্লু ব্যাজ ব্যবহারকারীদের বিরুদ্ধে আমরা অভিযান চালিয়ে যাবো।

কেবিনেট মেম্বর ফর এনভায়রনমেন্ট, কাউন্সিলর শাহেদ আলী বলেন, বারাকে গতিশীল রাখতে কাউন্সিলের পার্কিং সার্ভিস কঠোর পরিশ্রম করে যাচ্ছে। ব্লু ব্যাজ এর অপব্যবহার রোধ করতে তারা সংকল্পবদ্ধ। যারা জালিয়াতিমূলকভাবে ব্লু ব্যাজ ব্যবহার করে পার পেয়ে যাচ্ছেন, তাদেরকে এই মর্মে সতর্ক করা হচ্ছে যে, তাদেরকে ধরা হবে এবং শাস্তিমূলক ব্যবস্থা নেয়া হবে।

ব্লু ব্যাজ অপব্যবহার বন্ধে অভিযান পরিচালনার পাশাপাশি কাউন্সিলের মবিলিটি সাপোর্ট টিম সম্প্রতি অডিট কমিশনের ন্যাশনাল ফ্রড ইনিশিয়েটিভ এর সাথে মিলে একটি মহড়ায় অংশ নেয়। এসময় ২১টি ব্লু ব্যাজ ধারীকে তদন্তের আওতায় আনা হয়, যাদের কাছে একাধিক ব্লু ব্যাজ রয়েছে বলে টিমের প্রাথমিক অনুসন্ধানে প্রতীয়মান হয়েছে।



Cllr Ali helps Daniel clean graffiti off a wall in Chance St, E1

পরিচ্ছন্ন বারা গড়ে তুলতে দুইটি নতুন টিমের কার্যক্রম শুরু

Deep cleaning Tower Hamlets – see page 1

বারার রাস্তাগুলোকে আরো পরিচ্ছন্ন, দেয়াল লিখন বা গ্রাফিটি অপসারণ এবং ফুটপাথ থেকে চুইংগাম অপসারণের লক্ষ্যে নতুন টিম মাঠে নামিয়েছে কাউন্সিল।

১৭ জুলাই বুধবার পরিচ্ছন্ন কর্মীদের নতুন এই দলের কার্যক্রম আনুষ্ঠানিকভাবে উদ্বোধন করেন নির্বাহী মেয়র লুৎফুর রহমান। বারার যেসকল এলাকায় গ্রাফিটি এবং চুইংগাম সমস্যা প্রকট, নতুন টিম সেইসব এলাকায় অধিকতর নজর নেবে।

এই সমন্বিত পরিচ্ছন্ন কার্যক্রম পরিচালনার জন্য মেয়র অতিরিক্ত ৮০০ হাজার পাউন্ড বরাদ্দ করেছেন। এই অর্থ দিয়ে ১০টি স্ট্রিট সুইপার, ২টি গ্রাফিটি রিমুভাল টিম এবং ২টি চুইংগাম রিমুভাল টিম পরিচালনা করা হবে।

নির্বাহী মেয়র লুৎফুর রহমান বলেন, বারায়

বসবাসকারী কিংবা কাজের জন্য অথবা বেড়াতে আসা লোকজন যাতে পরিচ্ছন্ন পরিবেশ উপভোগ করেন, সেজন্যই আমি নিয়মিত পরিচ্ছন্ন কাজের পাশাপাশি আরো লোকবল ও যন্ত্রপাতি কাজে লাগাতে অতিরিক্ত ৮০০ হাজার পাউন্ড বরাদ্দ করেছি।

তিনি বলেন, এভাবেই পরিচ্ছন্ন বারা আমাদের সকলের ভাবমূর্তিরই প্রতিচ্ছবি হিসেবে ফুটে ওঠবে। আমি আশা করি, টাওয়ার হ্যামলেটস্কে আরো পরিষ্কার-পরিচ্ছন্ন ও সুন্দর জনপদ হিসেবে গড়ে তুলতে বাসিন্দারা কাউন্সিলের সাথে মিলে কাজ করবেন।

কেবিনেট মেম্বর ফর এনভায়রনমেন্ট, কাউন্সিলর শাহেদ আলী বলেন, গ্রাফিটি ও চুইংগাম জনিত সমস্যা যেসব এলাকায় প্রকট, সেখানে এই অতিরিক্ত বিনিয়োগ ব্যয় করা হবে।

নতুনভাবে নিয়োজিত কর্মীবাহিনী কঠোর পরিশ্রম করে যাচ্ছেন। প্রথম কয়েক সপ্তাহে ১৩৬ স্কোয়ার মিটারের গ্রাফিটি অপসারণ করা হয়েছে।

তিনি বলেন, নতুন এই পরিচ্ছন্ন বারা গড়ে তোলার উদ্যোগে সবাই সামিল হবেন। আবর্জনা মুক্ত পরিবেশ আমাদের সবার মধ্যে গর্ববোধ জাগাবে।

এই অতিরিক্ত পরিচ্ছন্ন অভিযান আগামী ২০১৪ সালের জুন মাস পর্যন্ত অব্যাহত থাকবে। এই অভিযান সম্পর্কে জন সচেতনতা ও জন সম্পৃক্ততা বাড়াতে আগামী মাসগুলোতে স্থানীয় মিডিয়ার বিজ্ঞাপন প্রচার করা হবে।

আবর্জনা সম্পর্কে রিপোর্ট করতে হলে কিংবা পরিবেশগত ইস্যুতে কাজ করতে চাইলে ০২০ ৭৩৬৪ ৫০০৪ নাম্বারে যোগাযোগ করতে অনু-রোধ করা হয়েছে।



বো স্কুলের নতুন ভবনের মূল অবকাঠামোর নির্মান কাজ সম্পন্ন

বারার প্যাটন ক্রোজের বর্তমান স্থানে বো স্কুলের নির্মান কাজ নির্ধারিত সময় মত এগিয়ে চলেছে। ৩ শত মিলিয়ন পাউন্ড ব্যয়ে ২০০৯ সাল থেকে বিল্ডিং স্কুল ফর ফিউচার প্রোগ্রামের অধীনে বারার স্কুলগুলোর উন্নয়নে যে কর্মসূচি হাতে নেয়া হয়েছিল বো স্কুলের উন্নয়ন হচ্ছে এর শেষ পর্যায়ের প্রকল্প। - বিস্তারিত পড়ুন নিচে

NEW LOOK BOW SCHOOL IS TAKING SHAPE

Harmony

বো স্কুলের নতুন ভবনের মূল অবকাঠামোর নির্মান কাজ সম্পন্ন

New-look Bow School is taking shape – see page 6

টাওয়ার হ্যামলেটসের প্যাটন ক্রোজের বর্তমান স্থানে বো স্কুলের নির্মান কাজ নির্ধারিত সময় মত এগিয়ে চলেছে। ৩ শত মিলিয়ন পাউন্ড ব্যয়ে ২০০৯ সাল থেকে বিল্ডিং স্কুল ফর ফিউচার প্রোগ্রামের অধীনে বারার স্কুলগুলোর উন্নয়নে যে কর্মসূচি হাতে নেয়া হয়েছিল বো স্কুলের উন্নয়ন হচ্ছে এর শেষ পর্যায়ের প্রকল্প।

গত ১৫ই জুলাই স্কুলের ছাত্ররা তাদের স্কুলের নির্মান কাজের অগ্রগতি পরিদর্শন করতে যান এই সময় টাওয়ার হ্যামলেটসের মেয়র লুৎফুর রহমান, স্কুল গভর্নরবৃন্দ, শিক্ষকবৃন্দ, বো স্কুলের হেড টিচার এই আনুষ্ঠানিক পরিদর্শনে উপস্থিত থেকে বারার মাইলফলক এই প্রকল্পের নির্মান কাজের অগ্রগতি সম্পর্কে অবগত হন।

মূল ভবন, ডাইনিং প্যাভিলিয়ন, নির্মান কাজের শেষ পর্যায় গুলোর অন্যতম নির্মান কাজ প্রথম তলার আটরিয়ার নির্মান কাজ চলছে, বাইরের সিঁড়ি নির্মানের জন্যে কংক্রিট ঢালার কাজ চলছে। মেয়র ও তার সফর সঙ্গীরা ঘুরে ঘুরে এইসব নির্মান কাজ পরিদর্শন করেন।

বারার ক্রমবর্ধমান শিক্ষার্থীদের চাপ মোকাবেলায় বো স্কুলের বর্ধিত কলেবরে এই প্রকল্প প্রতি বছর আরো ৪টি ফর্মের সুবিধা প্রদান করবে। এ ছাড়াও আগামী ২০১৪ সালের সেপ্টেম্বর মাস থেকে মেয়েরাও এই স্কুলে প্রথমবারের মত ভর্তি হওয়ার সুযোগ পাবে।

সিঙ্গল ফর্ম ইস্টের অংশ হিসাবে সেন্টপলস ওয়ে ট্রাস্ট স্কুল, ল্যান্ডডন পার্ক, স্টেপনিগ্রীন এবং বো স্কুলের সাথে যৌথ উদ্যোগে নতুন সিঙ্গল ফর্ম



Mayor Lutfur Rahman with pupils on the roof of the new building

বিভাগ শিক্ষার্থীদের কল্যাণে আসবে।

টাওয়ার হ্যামলেটসের মেয়র লুৎফুর রহমান এ ব্যাপারে মন্তব্য করতে গিয়ে বলেছেন, বো স্কুলের প্রাক্তন ছাত্র হিসাবে আমি বলতে চাই- আজকের এই দিনটি স্কুলের ইতিহাসে একটি বিশেষ দিন হিসাবে স্মৃতিময় হয়ে থাকবে। বো সেকেন্ডারি স্কুল জিসএসইতে ভাল ফলাফল করায় দেশের টপ ২০ পার্সেন্ট স্কুলের তালিকায় অন্তর্ভুক্ত হয়েছে।

মেয়র আরো বলেন, বারার শিক্ষার্থীদের জন্যে

উন্নত মানের শিক্ষা-ও সুযোগ সুবিধা প্রণয়নের জন্যে আমি অঙ্গীকারাবদ্ধ। ইতোমধ্যে বিল্ডিং স্কুল ফর ফিউচার প্রকল্পের মাধ্যমে বারার হাজারো ছাত্র-ছাত্রীরা উন্নত শিক্ষালাভের সুযোগ পেয়েছেন।

চিলড্রেন স্কুল এন্ড ফ্যামিলিজের কেবিনেট মেম্বর কাউন্সিলর ওলিউর রহমান বলেছেন, সাম্প্রতিককালে বো স্কুলের ছাত্রদের পরীক্ষায় ভাল ফলাফল করার জন্যে শিক্ষকবৃন্দের শ্রমের পাশাপাশি আগামী দিনে স্কুলের আধুনিক শিক্ষার

পরিবেশ শিক্ষার্থীদের প্রতিভা বিকাশে আরো সহায়ক হবে।”

নব-নির্মিত স্কুলে বিভিন্ন প্রথম শ্রেণির সুযোগ-সুবিধা থাকছে। স্কুল টাইমের পর কমিউনিটি এসব সুযোগ সুবিধা ব্যবহার করতে পারবে। বো স্কুলে রয়েছে বৃহৎ পরিসরে একটি খেলাধুলার হল, ড্রামা স্টুডিও, ছাদের উপর খেলাধুলা করার ব্যাবস্থা। এ ছাড়াও শিক্ষাদানে প্রাকৃতিক আলো ব্যবহারের রয়েছে পর্যাপ্ত সুযোগ।

শিশুদের বই পড়ায় উদ্বুদ্ধ করতে সামার রিডিং চ্যালেঞ্জ এর আয়োজন

Join spooky reading challenge – p2

শিশুদের বই পড়া উদ্বুদ্ধ করতে প্রতিবারের মতো এবারও টাওয়ার হ্যামলেটসে আয়োজন করা হয়েছে সামার রিডিং চ্যালেঞ্জ।

হাবল বাবল, টয়েল এন্ড ট্রাবল - এই থিম নিয়ে আয়োজিত এবারের বই পড়া প্রতিযোগিতায় অংশ গ্রহণকারী শিশুদেরকে স্কুল হলিডের সময়ে কমপক্ষে ৬টি বা তারও বেশি বই পড়তে হবে।

শিশু এবং তাদের পরিবারের মধ্যে বই পড়ার প্রতি আগ্রহ জন্মাতো দ্যা রিডিং এজেন্সি এই সামার রিডিং চ্যালেঞ্জ এর আয়োজন করেছে।

টাওয়ার হ্যামলেটস্ কাউন্সিল এই উদ্যোগে পূর্ণ সহযোগিতা প্রদান করছে এবং চলতি বছর কেন্দ্রীয় থিম হচ্ছে ক্রিস রিডডল এর ক্রিপি হাউজ। শিশুরা ক্রিপি হাউজের গোপন রহস্য উদ্‌ঘাটন করবে এবং এর ভয়ংকর কিছু বাসিন্দার সাথে সাক্ষাত করবে।

বারার সকল আইডিয়া স্টোর ও লাইব্রেরী এই প্রতিযোগিতায় অংশ নিচ্ছে, যা চলবে ৭ সেপ্টেম্বর পর্যন্ত।

৪ থেকে ১১ বছর বয়সী শিশুরা এই চ্যালেঞ্জে অংশ নিতে পারবে। তাদেরকে ক্রিপি হাউজ ফোল্ডার, মেম্বরশীপ কার্ড এবং স্টিকার ও প্রিন্টিং প্রদান করা হবে।



আইডিয়া স্টোর লাইব্রেরীগুলোতে পুরো সামার জুড়ে অনুষ্ঠিত হবে নানা ধরনের ভৌতিক ও মজাদার সব অনুষ্ঠান।

উল্লেখ্য, সামার রিডিং চ্যালেঞ্জ নিয়ে এক গবেষণায় দেখা গেছে যে, স্কুল হলিডের সময় বাচ্চারা ঘরে বই ছাড়া দীর্ঘ সময় থাকায় তাদের মধ্যে বই পড়ার আগ্রহের যে ঘাটতি দেখা দেয়, তার অনেকটা রোধ করা সম্ভব হচ্ছে এই বই পড়া প্রতিযোগিতার মাধ্যমে।

পোলিং স্টেশন পূর্ণগনির্ধারণের প্রক্রিয়া শুরু করেছে কাউন্সিলঃ জনগণের মতামত জানতে চাওয়া হয়েছে

Council reviews where residents can vote – see issue 967

বারার বাসিন্দারা আগামী বছরের নির্বাচনে কোথায় তাদের ভোটাধিকার প্রয়োগ করবেন, তা পর্যালোচনা করছে টাওয়ার হ্যামলেটস্ কাউন্সিল। বারার পোলিং ডিস্ট্রিক্ট ও পোলিং স্টেশন-গুলোর স্থান পূর্ণগনির্ধারণের দিকে নজর দেয়া হচ্ছে।

সম্প্রতি লকাল গভর্নমেন্ট বাউন্ডারি কমিশন ফর ইংল্যান্ড (এলজিবিসি) কর্তৃক টাওয়ার হ্যামলেটসের নির্বাচনী মূল্যায়ন করে কাউন্সিলের আকার এবং ওয়ার্ড সীমানা পূর্ণগনির্ধারণের প্রস্তাব করেছে। বাউন্ডারি কমিশনের এই প্রস্তাবগার প্রেক্ষিতে কাউন্সিল পোলিং স্টেশন পর্যালোচনার সিদ্ধান্ত নিয়েছে।

এই পর্যালোচনায় যে বিষয়গুলো নিশ্চিত হবে, তা হলোঃ ভোটাররা তাদের ভোটাধিকার প্রয়োগের ক্ষেত্রে প্রতিটি ভোট কেন্দ্র যথোপযুক্ত সুবিধাদি সম্পন্ন এবং ডিজেবলদের জন্য প্রতিটি কেন্দ্রে প্রবেশ নির্গমন সুবিধা রয়েছে। গত ৮ জুলাই থেকে বারার পোলিং ডিস্ট্রিক্ট এবং পোলিং প্রেসগুলোর রিভিউ শুরু হয়েছে। এই পর্যালোচনায় অংশ নিয়ে নিজেদের

প্রস্তাবনা, বিশেষ করে ভোট দেয়ার ক্ষেত্রে কোন স্থান তাদের জন্য উপযুক্ত বলে তারা মনে করেন, তা জানাতে বাসিন্দাদের প্রতি অনুরোধ করা হয়েছে।

সুপারিশ দাখিলের শেষ তারিখ আগামী ১৩ সেপ্টেম্বর। রিভিউ চলাকালে গণ আলোচনার জন্য প্রস্তাবিত পোলিং স্টেশনগুলোর পূর্ণাঙ্গ তালিকা প্রকাশ করা হবে। কাউন্সিলের অফিসিয়াল ওয়েবসাইট http://www.towerhamlets.gov.uk/lgsl/951-1000/999_elections/polling_stations.aspx - এ বর্তমান পোলিং স্টেশন গুলোর তালিকা পাওয়া যাবে এবং টাউন হলে এসেও এই তালিকা দেখা যাবে।

পোলিং স্টেশন সংক্রান্ত যে কোন সুপারিশ electoralservices@towerhamlets.gov.uk এই ইমেইল এড্রেসে অথবা Electoral Services Manager, Tower Hamlets Town Hall, Mulberry Place, 5 Clove Crescent, London, E14 2BG - এই ঠিকানায় নির্ধারিত সময়ের মধ্যে পাঠাতে অনুরোধ করা হয়েছে।

এ সংক্রান্ত যে কোন তথ্যের জন্য ০২০ ৭৩৬৪ ৩১৩৯ নাম্বারে ফোন করে ইলেক্টোরাল সার্ভিসেস্ ম্যানেজারের সাথে কথা বলতে অনুরোধ করা হয়েছে।

ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

7364 4944

News in brief

ধর্মীয় উপাসনালয়গুলোর

উন্নয়নের জন্যে অনুদান

বারার ধর্মীয় ভবনগুলোর আধুনিকায়নের লক্ষ্যে ২০১২ সালে কমিউনিটি ফেইথ বিল্ডিংস সাপোর্ট স্কীমের মাধ্যমে ৬ লক্ষ পাউন্ড অনুদানের ব্যবস্থা করা হয়। ২০১২ সালের নভেম্বর থেকে ২০১৩ সালের জানুয়ারি পর্যন্ত এই স্কীমের মাধ্যমে ৭৫ হাজার পাউন্ড পর্যন্ত অনুদানের জন্যে আবেদন করার আহ্বান জানানো হয়। এ ছাড়াও প্রফেশনাল সাপোর্টের জন্যে ১০ হাজার পাউন্ড অনুদানের জন্যে আবেদন করারও আহ্বান জানানো হয়।

ম্যাচফাভিং ও অন্যান্য নিয়ম মেনে করা ৪৩ টি আবেদনপত্র যাচাই-বাছাই করে কাউন্সিলের কর্পোরেট গ্রান্টস প্রোগ্রাম বোর্ড সুপারিশসহ মেয়রের কাছে পাঠান।

এই অনুদান যাতে বারাব্যাপি প্রদান করা হয় সেজন্যে প্রচেষ্টা গ্রহন করা হয়েছিল। অনুদান গ্রহীতা ধর্মীয় ভবনগুলো ছাদ মেরামত, হিটিং ইন্সপেকশনস এবং নতুন জানালা লাগানোর কাজে অনুদানের অর্থ ব্যবহার করেন।

নির্বাহী মেয়র লুৎফুর রহমান এ ব্যাপারে মন্তব্য করতে গিয়ে বলেছেন, নেলসন স্ট্রীটে ইস্ট লন্ডন সেন্ট্রেল সিনাগগ পরিদর্শন করতে গিয়ে আমি এর দৈন্য দশা দেখে ধর্মীয় ভবনগুলোকে সহযোগিতা করার উদ্যোগ নেই যাতে উপাসনাকারিরা তাদের ধর্মীয় ভবন গুলোকে রক্ষণাবেক্ষণ করতে পারেন।

তিনি বলেন, আমরা বেশ কিছু ভাল আবেদন পেয়েছিলাম। আমরা চেষ্টা করেছি আবেদনকারীদের চাহিদা মেটাতে। যদিও তাদের প্রয়োজন ও প্রত্যাশা অনুযায়ী তা হয়তো সম্ভব হয়নি। তা সত্ত্বেও আমরা যে সকলকে সাহায্য করতে পেরেছি একে তারা স্বাগত জানাবেন বলে প্রত্যাশা রাখছি। ফাভিং ফর টাইপ বি গ্রান্টস- ৩০০,০০০ পাউন্ড বড় কাজের জন্যে,১০,০০০ হাজার পাউন্ড টাইপ সি গ্রান্টস প্রফেশনাল সাপোর্টের জন্যে এবং ৭৫,০০০ হাজার পাউন্ড হচ্ছে টাইপ এ গ্রান্টস পরবর্তী রাউন্ডে তা পাওয়া যাবে।

বিজ্ঞাপনচিত্র নির্মানে কেভিন বেকন পেটিকোট লেনে

ফুটলুজ, গ্র্যাপোলো-১৩, এক্সমেন ফাস্টট্রাক্স এবং ট্রেমরস ইত্যাদি বিখ্যাত ফিল্মের চিত্রাভিনেতা কেভিন বেকন এই টেলিকমিউনিকেশন্স এর বিজ্ঞাপন চিত্র নির্মানে অংশ নিতে বারার পেটিকোট লেইন মার্কেটে এসেছিলেন।

টাওয়ার হ্যামলেটস ফিল্ম অফিস চিত্র গ্রহণের ব্যাপারে সহযোগিতা প্রদান করে। চিত্র তারকা কেভিন মার্কেটের স্টল গুলোর সামনে গিয়ে বিজ্ঞাপন চিত্রে অভিনয় করেন।

উল্লেখ্য, লন্ডনের মধ্যে বছরের ৩৬৪ দিনই একমাত্র এই এলাকার মার্কেট গুলো খোলা থাকে। প্রত্যেকটি মার্কেটই যেন একটি মুক্ত থিয়েটার মঞ্চ যা প্রকৃত পূর্ব লন্ডনকে তুলে ধরে, দরদাম হয় পন্য বিক্রি হয়। ঐতিহাসিক পেটিকোট লেইনে এখন রয়েছে ফুড কোর্ট।

টাওয়ার হ্যামলেটসে রয়েছে প্রানবন্ত ব্রিক-লেন মার্কেট, দি ওল্ড এবং নিউ স্পিটালফিল্ডস মার্কেট, কলাম্বিয়া রোড মার্কেট।

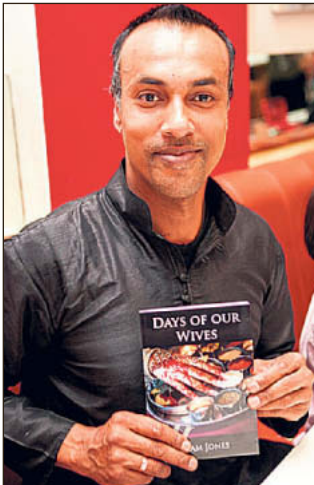
পেটিকোট লেইন মার্কেটে এখন বিভিন্ন ধরনের পন্যর সাথে সাথে পোষাক-পরিচ্ছদের সাথে চামড়ার পন্য-দ্রব্যাদি বিক্রয় হয়। এ ছাড়াও এই

মার্কেটে অন্যান্য পণ্য দ্রব্য ও বিক্রয়ের ও স্টল রয়েছে, রয়েছে বিভিন্ন ধরনের খাবার বিক্রয়ের দোকান। সোমবার থেকে শুক্রবার সকাল ১০টা থেকে বিকেল ৪টা এবং রবিবারে সকাল ৯টা থেকে অপরাহ্ন ৩টা পর্যন্ত পেটিকোট লেন মার্কেট খোলা থাকে।

সালাম জোন্স-এর নতুন

উপন্যাস ‘ডেজ অফ

আওয়ার ওয়াইভস’



Salam Jones

টাওয়ার হ্যামলেটসে বেড়ে উঠা ৪২ বছর বয়স্ক সাহিত্য প্রেমিক সালাম জোন্স এর নতুন উপন্যাস এ ডেজ অব আওয়ার ওয়াইভস এর প্রকাশনা উৎসব ব্রিকলেনের চাটনি রেস্টুরেন্টে অনুষ্ঠিত হয়েছে। কস্ট্রাকশন ব্যবসায়ী সালাম জোন্স এর সাহিত্যপ্রীতির বহিঃপ্রকাশ হচ্ছে তার উপন্যাস এ ডেজ অব আওয়ার ওয়াইভস।

লেখক সালাম জোন্স সমাজের হাসি-কান্না, স্বপ্ন ও সংগ্রামের চিত্র তুলে ধরেছেন। লেখক সালাম বলেছেন প্রতিটি অধ্যায়ে আমি জিজ্ঞাসা আর বিষয় তুলে ধরেছি। একবিংশ শতাব্দী মে-কাবেলা করতে গিয়ে আমাদের কি করতে হবে তাও তুলে ধরতে চেয়েছি আমার উপন্যাসে।

টাওয়ার হ্যামলেটসের মেয়র লুৎফুর রহমান বলেছেন আমাদের বারায় শিল্প সাহিত্যের চর্চা হচ্ছে এটি দেখে আমি আনন্দিত এবং বারায় রয়েছে মিউজিয়াম,পার্ক এবং প্রদর্শনী আমি এসব উপভোগ করার জন্যে বাসিন্দাদের আহ্বান জানাচ্ছি।

কালচারের কেবিনেট মেম্বর কাউন্সিলর রানিয়া খান বলেছেন টাওয়ার হ্যামলেটস সৃজনশীলদের কর্মকাণ্ডের ভূমি হিসাবে খ্যাতি লাভ করেছে। টাওয়ার হ্যামলেটসে সারা বছর আর্ট গ্যালারিগুলোতে প্রদর্শনী অনুষ্ঠিত হয়ে থাকে যা অবলোকন করে যে কেউ প্রানশক্তি সঞ্চার করতে পারবেন। সংস্কৃতির বিকাশে আমাদের লেখকদের সহযোগিতা করতে হবে যাতে সমাজের উন্নয়ন হয়।

এ ডেজ অফ আওয়ার ওয়াইভস উপন্যাস-টি ব্রিকলেনের বুক শপগুলোতে পাওয়া যাবে বলে জানানো হয়েছে।

■ The above stories are: faith buildings get a £600,000 re-vamp – issue 968; Kevin Bacon sizzles in Petticoat Lane – issue 968; Days of Our Wives book launch.

Talented young musicians from the borough's music service have been busy showing off their skills in a series of summer events which culminated in their Saturday Music Centre Summer Concert. **Mehreen Hussain** catches up with them.

ALMOST 13,500 pupils learn a musical instrument or take part in musical activities every week through Tower Hamlets Arts and Music Education Service, THAMES.

They can try a range of instruments such as strings, wind, brass, percussion as well as guitar and drums.

THAMES is the lead organisation for the Music Education Hub for Tower Hamlets and the City of London. It works closely with schools to provide regular music education opportunities for young people.

Working with local and national arts and music organisations, it also gives students the chance to take part in public performances.



Aisha Jalloh
playing the cello at
the concert

Around 200 of the music students attend THAMES' Saturday Music Centre. These youngsters already learn to play an instrument at their schools during the week and attend the centre (SMC) to learn more about performing in ensembles such as orchestras, choirs and rock bands.

And its summer concert on July 13 ended a busy few weeks of performances at a number of different events.

Kicking off the summer was the fifth annual drumming showcase Borough Beats V on June 6 at the Hackney Empire. THAMES, along with the Hackney Music Service, celebrated the achievements of 250 of the most gifted and talented students from schools across the two boroughs.



Tayfun Can Bomboz playing his violin



Young musician



Performances featured tabla and dhol, African and Afro Cuban drumming, orchestral percussion, steel pans as well as dance. Highlights included the combined steel pan group leading 'Gangnam-style', which had children and parents up on their feet dancing and singing along, an all-female group from Swanlea School in Whitechapel and a grand finale of soul limbo featuring all 250 students.

On June 17 students took part in the Spitalfields Platform Event at Shoreditch Church as part of the Spitalfields Summer Festival. Choirs from Arnhem Wharf, John Scurr and St Paul's primary schools performed with students from Phoenix Special School. Also taking part were the Tower Hamlets Youth Orchestra, Senior String Ensemble, Wind Quintet and Big Band.

The July events began with the THAMES Annual Celebration Concert at York Hall, an evening of entertainment celebrating some of the many music ensembles. It featured 250 students from primary and secondary schools in Tower Hamlets and the City of London including a primary aged string group, wind and brass ensembles, the THAMES Awards Orchestra, THAMES Secondary Choir and the Tower Hamlets Youth Orchestra.

The Awards Orchestra features students who began learning their instruments in a whole class or large groups in primary school, but were selected to receive additional individual or small group 'award' lessons on their instrument after displaying real musical potential and commitment.

The award lessons are funded by THAMES and the Mayor of London's Fund for Young Musicians. The awards students meet a few times a year to perform together. Twelve-year-old student Tayfun Can Bomboz led the orchestra and performed a solo on Czardas by V Monti, moving the audience to their feet.

Tayfun said: "I have been with THAMES for four years and I have had a wonderful time participating in the concert opportunities as well as working in ensembles and orchestras and I have earned great experience. I really enjoyed being part of the Awards Orchestra and being a soloist at the York Hall concert."



Tower Hamlets and Hackney young performers

The Secondary Choir is made up of students from across three secondary schools Bishop Challoner, St Paul's Way Trust School and Oaklands.

They performed arrangements of modern and classical songs including a Justin Timberlake medley followed by Ave Verum Corpus by Mozart. The Youth Orchestra, conducted by John Sims, completed the evening performing five pieces including New York, New York and the English Folk Song Suite by Vaughan Williams.

Thank y



Students from the Primary Strings Ensemble



Students from Columbia Primary in the Wind & Brass ensemble



Noah Ffinch Shah on tuba



Students join together for the Borough Beats 5 finale

Young drummer from St Paul's Way Trust School



Bringing the season to an end, the SMC Summer Concert showcased the talents of these individual and featured music-making of the highest quality from the young instrumentalists of Tower Hamlets.

Awards student and SMC pupil Aisha Jalloh said: "I really enjoyed the performances because of all the talent and effort that went into the performances."

"I played in three orchestras, as leader of the cellos with the Awards Orchestra, the Youth Orchestra and I helped out in the pri-

mary massed strings orchestra. My favourite piece was Medieval Legend by Michael Story because the percussion really made it sound modern."

In addition to its big summer events THAMES also held various instrumental days where young musicians came together to play as an ensemble from across different schools in the borough.

This included a strings day where young string players came together to work with members of the London Symphony Or-

chestra as well as wind & brass days, an Awards Orchestra day and a vocal day.

For information about joining ensembles or attending the Saturday Music Centre visit www.webfronter.com/towerhamlets/thames or call 7364 0431.

you for the music

Summer fun for kids

The Ragged School Museum has a new collection of photos and other exhibits dating back to Victorian times.

SEE BELOW



Films, talks and a good old knees-up

Pick up a programme from your local Idea Store or library to find out about the many events and activities across the borough to celebrate Cockney culture or download a copy from...

WWW.IDEASTORE.COM

Out & about guide

What's on where this week

Events

Cabaret Cabaret

A spectacular show with cabaret-style acts and DJ Factory DJs laying down some tunes on the dance floor. Getting the party started are DJ Rat Ranger and DJ4 Blue. £5. Backyard Bar and Kitchen, 231 Cambridge Heath Road, E2. http://www.backyardbar.co.uk/Backyard_Comedy_Club.html

Otiumfold

Cara Tolmie will lead a group of dancers in the park as they carry out a series of choreographed and semi-improvised dances. Free. Sat, Jul 27, 5-8pm. The Hub Building, Victoria Park, E3. www.chisenhale.org.uk

Open East Festival

The north of Queen Elizabeth Olympic Park will be filled with the sights, sounds and flavours of east London to mark the anniversary of the London 2012 Games. Sat & Sun, Jul 27 & 28, times vary. Prices vary. Queen Elizabeth Olympic Park, E20. <http://queenelizabetholympicpark.co.uk/>



Cockney Heritage Festival

The festival continues this week with films, exhibitions, tea dances and talks ending with a Cockney knees-up at Bethnal Green Working Men's Club on Sat, Jul 27 from 8pm. www.idestore.com or www.cockneyheritagetrust.com

Exhibitions

Calls from Blethenal Green

Artists Johanna Hallsten and Catherine Clover have been

commissioned to create a new body of work that is based on the church and its neighbourhood. The photography looks at people, nature

and the building itself. Free. Until Sun, Jul 28, times vary. St John's on Bethnal Green, 200 Cambridge Heath Road, E2. www.stjohnonbethnalgreen.org

Film

S4 Shorts

A screening with a difference, S4 looks at one short film per month, from the page to filming, post-production and beyond. Cleaning Up, by the Guerrier Brothers, follows a hitman. Free. Genesis, 93-95 Mile End Road, E1. Tues, Jul 30, 7pm www.genesiscinema.co.uk

Kids

Summer Fun

A new collection of objects, photographs and more thanks to Barnardo's – make your own dashing hat, discover what it was like to be sent to Canada on your own, try an ink pot and dip pen, and more. Free. Weds, Jul 31-Thurs, Aug 29, times vary. Ragged School Museum, 46-50

Copperfield Road, E3. www.raggedschoolmuseum.org.uk

Change4Life

Activity day for all the family to keep kids active over the summer and help get parents fit and healthy. Includes information on free events and discounted sports club sessions as well as the chance to try new sports. Free. Sun, Jul 28, 10am-3pm. Whitechapel Sports Centre, Durward Street, E1. 7377 1856

Theatre

Unleashed – A Carnival of Cabaret

A new summer festival of cabaret and performance bringing cabaret's most exciting and original talent to east London for three weeks in the basements under Shoreditch Town Hall. £8-£20. Until Sun, Jul 28, various times. Shoreditch Town Hall, 380 Old Street, EC1. <http://shoreditchtownhall.com/theatre-performance/whats-on/unleashed>

Music

Creative Unity steel band

Steel pan classes Thurs, 6.30-8.30pm. St Matthias Community Centre, 113 Poplar High Street, E14. 07808 847974

Parent & child

Dance play

Dance and movement for

parents/carers and their children aged 1-5. Weds, 10-11.15am until Mar 30. Free. Language of Dance Centre, Oxford House, Derbyshire Street, E2. 7749 1131

Island Tots

For childminders, parents and kids ages 0-4. Mon-Fri, 1-3pm, term-time. 55 Club, Samuda

Estate, Stewart Street, E14. 7538 3292

Toyhouse library

Mons, 1.30-3.30pm, Halley Primary School, Halley Street, E14. Tues, 2-3.30pm, Cayley School, Aston Street, E14. Weds, 9.20-10.45am, Harry Roberts Nursery, Harford Street, E1. 1-2pm, TH Opportunity Playgroup,

583 Commercial Road, E1. 9-11am, Old Church Nursery, Walter Terrace, E1. 9-11am, Alice Model Nursery School, 14 Beaumont Grove, E1.

Yoga for pregnancy and mums and babies

Pregnancy class suitable from 14 weeks. Mums and babies classes suitable from six weeks until baby is crawling. 07958 645978 www.clareday-yoga.co.uk

Birchfield OAPs club

Mon-Fri, 7-9.30pm; Weds, 1-4pm. 50 Saltwell Street, E14.

Fern Street Settlement Club

Fern Street, E3. 7987 1949

Golden Ladies

Pensioners group for bingo and social. Weds, 2-4pm. Dockland Settlements, 197 East Ferry Road, E14. 7987 6824

Little Spitz' under-5s playgroup

Sun, 10am-12pm, 50p. Tours and stories. Spitalfields City Farm, Buxton Street, E1. 7247 8762

Tower Hamlets U3A

University of the Third Age offer courses for over-50s in T'ai Chi, jazz appreciation, art appreciation, history walks and more. £10 yearly membership. Various days and times. St Margaret's House

Settlement, 21 Old Ford Road, E2. 7247 4283

Dance

Argentinian tango E14

Class. Sat 2-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14. 7538 3852

Ballroom/Latin American

Fri, 2-4pm, £2.50, 20p refreshments. Kingsley Hall, Powis Road, E3. 8550 1392

Belly dancing

Beginners' classes. Sats, 2-3pm, £6. Oxford House, Derbyshire Street, E2. 07796 850506

Brazilian dance classes

Thurs, 1-2pm. £2 per class. Alpha Grove Community Centre, Alpha Grove, E14. 7538 1714 www.danceartuk.com

Send dates to eastendlife. news@towerhamlets.gov.uk

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Building a viable future

Making It Different brings together work by architect Peter Wylie and developer Roger Zogolovitch, focussing on the challenges of housing – and where to build in the future.

DETAILS BELOW



Small Steps

Ten per cent of proceeds from Melissa James' gig will go to charity.

SEE BELOW

Out & About

THE Tower of London will open a special part of its grounds for two days only this weekend when its annual archaeology event returns. The Tower's 'beach' (pictured right) – the foreshore on the Thames – will be a hive of activity as volunteers get up their knees in mud to discover hidden treasures that may have been lost down the centuries. To coincide with the 2013 Festival of British Archaeology, the Tower will host a number of activities including displays, talks and games with their experts and more. Archaeologists will be on hand to identify your findings – just in case that pebble you find is actually a piece of Roman pottery. This is the only time of year that the foreshore is open to



the public. Tower of London Archaeology Weekend takes place on Saturday and Sunday, July 27 & 28 from

11am to 4pm (beach open according to the tide). The event is first come, first served – no bookings or

priority access will be given. There is no access to the foreshore for people with mobility problems, but all

other events are fully accessible. For more information visit www.hrp.org.uk

News in brief

Charity gig

THE Gallery Café in Bethnal Green will this week host singer-songwriter Melissa James as she holds a special gig for charity.

James will be raising money for the Small Steps Project, a charity that supports impoverished children who live on, and feed from, municipal rubbish dumps in developing countries.

This gig is the first in a series that runs in various London galleries, culminating at the Queen of Hoxton, where legendary singer-songwriter Tom Robinson will perform in October.

Gig in a Gallery takes place at The Gallery Café, 21 Old Ford Road, E2 on Wednesday, July 24 from 7.30pm. Tickets cost £6. Visit musicglue.com/giginagallery

History of adidas

HOXTON Gallery will hold an exhibition presenting a history of shoes made by sports manufacturer adidas.

The footwear exhibition features some never-seen-before exclusives, signed samples and vintage, re-issued and collaborated rarities.

Signed examples come from the likes of N.E.R.D., Lily Allen, Jade Jagger, Eminem and Public Enemy, as the collection shows how the brand has changed from simply a sports-wear brand into the fashion must-have it is today.

Spezial is at the Hoxton Gallery, 9 Kingsland Road, E2 until July 27.

Future of housing

THE challenges of housing in ever-growing urban environments is the focus of a new exhibition in Spitalfields.

Making It Different brings together two bodies of work, by Peter Wylie and Roger Zogolovitch. Paintings, prints and models are displayed exploring homes in the sky as the next territory in the city.

Making It Different is on until Wednesday, August 28, open Monday to Friday, 12-6pm, and on Sunday by appointment only at Eleven Spitalfields Gallery, 11 Princelet Street, E1.

www.elevenspitalfields.com

Get onboard and share your story

BY JACQUELINE HARTHILL

THE Floating Cinema is on the hunt for 12 'extra-ordinary' East Enders to give their personal tour of their manor on board the boat.

The dozen will be selected from entrants to the My East London competition and will form part of a floating tour broadcast live on the Floating Cinema website on Saturday, August 24 and featured in a short film.

It is part of the Extra-Ordinary events programme devised by artists Nina Pope and Karen Guthrie, which will spotlight the overlooked and ordinary in everyday life that can be found on our doorstep.

The new floating cinema vessel – a unique floating structure designed by Duggan Morris Architects – will host a ten-week programme of more



The floating cinema

than 20 events from onboard screenings to large-scale outdoor films for bankside audiences. There will also be floating tours of the waterways, talks and an education project working with local communities.

If you think you could tell an interesting, funny or personal story about east London, all you have to do is submit a

one-minute YouTube clip of yourself or someone you know showing a little bit of what you have to offer about east London. Entries should be sent to press@upprojects.com

For more information contact Laura Harford of UP Projects on 7377 9677 or email laura@upprojects.com or visit www.floatingcinema.info

Island poet centre stage at Camden

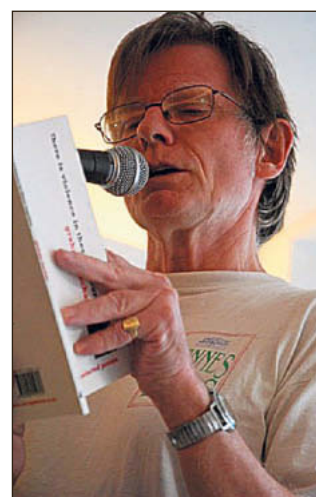
AN Isle of Dogs poet will be presenting a one-hour reading of his poetry at the Camden Fringe next month.

Graham Buchan has been reading to audiences in London and the south of England, as well as in New York and Austin, Texas, for more than 12 years.

In London, he has appeared at The Poetry Library on the South Bank, Battersea Arts Centre, The Colony Room and the Poetry Cafe, and in New York at the Bowery Poetry Club and the Nuyorican Poets Cafe.

As well as appearing on TV and radio in the UK and on radio in New York, he has a large collection of published poetry in books such as Airport Reading and There is Violence in These Vapours and the pamphlet In Bed with Shostakovich, as well as dozens of poems in magazines, newspapers and anthologies.

Graham says: "Poetry is important, but you cannot force it on people. It's a bit like Buddhism – they come when they're ready."



Poet Graham Buchan

"What I hope to achieve is a sort of resonance which lingers in the listener's mind – something which lies between the sound of words and their meaning. Most of my poetry does not rhyme but I do think of it as being musical."

Graham will be appearing at The Sheephaven Bay, 2 Mornington Street, Camden on August 4, 22 and 23. The show begins at 9pm. Tickets are £7/£6.

See www.camdenfringe.com

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Yummy scrummy

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Eating out, eating in

Nothing like a Dane...

BY GORDON BLUE

THIS is an extraordinary setting for an extraordinary restaurant.

Dane's Yard is housed by the canal, under the shadow of the Strand East Tower (you know the one – popped up before the 2012 Games and looks like a big Olympic torch).

The Dane's Yard building dates back to the early 19th century and has housed many different businesses until this most recent, and rather fabulous, incarnation.

The restaurant itself is light and airy, all glass and pared back interiors, making it the perfect spot to while away this potentially gorgeous summer.

Outside there's a lot of canal-side seating, ambient lighting and speedy service offering bar snacks and light bites as well as an extensive and reasonably priced cocktails menu.

So what of the food inside? Well, I wasn't disappointed – starter of mackerel pate atop Waldorf salad, spiked with melba toast, was sublimely creamy yet pungent.

Salt and pepper crispy squid with herb alioli was equally as good and generously portioned,



Dane's Yard is the perfect spot to while away a gorgeous summer

the squid cooked lightly without being chewy, and piqued with paprika to add some kick to the delicate flavours.

Main of fish and chips was lightly fried and not greasy, with homemade tartare and a posh version of mushy peas (more puréed than mushy). Batter was crisp and delicate, allowing the cod to be steamed inside.

Raviolini filled with asparagus and soft cheese and dripping

with sage butter left me in raptures. The freshness of the asparagus sang through the devilishness of the butter sauce.

Both dishes reasonably priced for the quality at £14.50

We forewent puddings but it's a tempting menu, including such Pavlovian descriptions such as plum and ginger crumble with honeycomb ice cream, ice nougat parfait with glazed blackberries. The cocktail menu alone will pretty much force me

to revisit in the near future.

Two ate two courses washed down with delicious glasses of white wine and beer for £60 including service.

They also have a very tempting brunch and lunch menu and upcoming events include cocktail classes and family days. I think I've found the perfect summer holiday hangout.

Dane's Yard Kitchen is at 133 High Street, E15. Tel: 8803 0003 www.danesyardkitchen.com

Somewhere over the rainbow rice

AS the first charity to create awareness of the link between diet and cancer risk, World Cancer Research Fund produces all kinds of healthy recipes – including offerings for the Great Grub Club, a free club for 4 to 7-year-olds in Tower Hamlets and Hackney.

On joining, kids receive the Passport to Good Health mem-

bership pack and a free quarterly magazine to help them develop healthy habits. For more information visit www.greatgrubclub.com or to sign up call 7343 4200 or email foodsmart@wcrf.org.

This colourful salad is a great way to add lots of vegetables and fruits to a healthy balanced diet. This dish contains chicken, which is low in fat, and 2.5 of your 5-A-DAY.

Rainbow rice & chicken salad – serves 2

Ingredients

1 small gem lettuce
8 tbsp cold pre-cooked brown rice (60g uncooked)
150g cold cooked chicken, cut into bite-sized pieces
2 medium tomatoes, diced
5cm piece of cucumber
2 spring onions, finely chopped
Small yellow pepper, diced
1 ring pineapple, cut small

Half red apple, diced (use lemon juice to prevent browning)
4 dried apricots, chopped
Half tbsp sultanas
1 tbsp flaked almonds

FOR THE VINAIGRETTE:

1 tsp olive oil
2 tsp white wine vinegar
Freshly ground black pepper
1 tbsp low-fat Greek yoghurt

Method

1. Arrange the lettuce leaves on serving plates to look like petals.
2. Place the rice and chicken in a mixing bowl with the remaining ingredients and stir gently together.

3. Make the vinaigrette by mixing the ingredients together.
4. Dress the salad with the vinaigrette and toss lightly.
5. Spoon the salad on to the prepared serving plates on top of the lettuce leaves.

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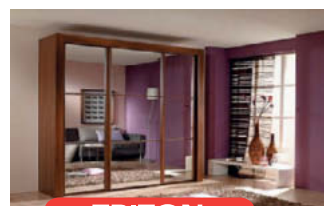
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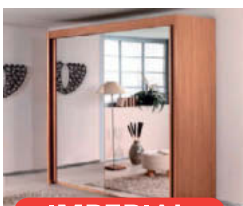
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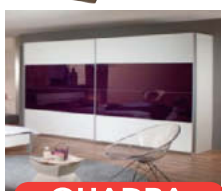


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Celebrating tenants' achievements

TPAS –the Tenant Participation Advisory Service – awards celebrate the achievements of individuals and organisations who have made a significant impact on their communities.

WWW.TPAS.ORG.UK

A buzz in Cable Street

A new swarm of bees from Devon are settling in to their new home at Cable Street Community Gardens.

Property



Muna with the Gateway Housing team

Muna is tenant of the year

BY JESSICA ODUBAYO

A MOTHER of four, who fled Somalia when she was 15, has been named national tenant of the year.

Muna Mohamed is an active member of her community. As well as being a parent governor at George Green's School and Woolmore Primary School, she volunteers for Neighbours in Poplar, where she provides care and support to older people, and is vice-chair of her tenants' association, advocating for a better life for fellow residents of Holmsdale House in Poplar High Street.

She has also been involved in raising funds and running community activities including an art club for children and young people, an after school homework club, a playgroup, an exercise group for women and fun

days on her estate which is managed by Gateway Housing Association.

Muna scooped the national award for Tenant of the Year at the Tenant Participation Advisory Service (TPAS) 2013 awards, which were held in Manchester on July 11.

A spokeswoman for Gateway HA, which nominated Muna for the award, described her as selfless, hard-working and truly inspirational.

"Muna has been instrumental in building a thriving community. She is a unique individual with an abundance of energy. Despite her busy schedule she still has time for her neighbours, she is available

to help them whenever needed," her nominators said.

After collecting her award, Muna said: "I am deeply honoured and proud to have won this amazing award and want to say a big thank you to the residents of my community and to everyone who has supported us at Gateway. Without their support I would not be where I am today."

Sharon Carter, chief executive of Gateway Housing Association, commented: "Through positive action, Muna has helped change the perception of her local area into a place people are proud of, breaking down barriers and ensuring people live together celebrating diversity."

Excellence in equality and diversity

TOWER Hamlets Homes (THH) has won two national awards. It scooped the award for Excellence in Equality and Diversity at the TPAS awards ceremony for the second year and was highly commended for its multi-faith project.

THH has developed a number of ways to improve access to housing services for the different community groups in the area.

'We speak your language' is a project that helps residents who do not speak English access its services. Improvements to the scheme has result-

ed in increased satisfaction among Bengali residents by 15 per cent and Somali speaking residents by 26 per cent.

The multi-faith project encourages communities to embrace and understand one another's traditions and cultures.

THH has developed a programme of events run by people of different cultures and religions, but are suitable for all. For example, non-Muslims arranged Eid celebrations and Muslim groups returned the favour by organising Christmas parties.

Summer water solutions

News from Cable Street Community Gardens

IT'S time for long-awaited holidays and leaving plants which have been tended carefully for months, if not years, to an uncertain fate – unless we are lucky enough to have kindly neighbours and friends who can offer regular care. So what to do?

If you are only away for a few days or maybe a long weekend, then a good watering before going away may be enough. Also moving pots away from direct sunlight will help reduce the risk of drying out.

For longer periods, different strategies are needed, and that includes giving clear instructions to plant carers who can accidentally kill through kindness and over-watering as easily as by neglect. Maybe prepare simple labels for each pot plant, saying how often each should be watered and where – from above or from below, and if they need spraying of leaves and feeding.

Cacti and succulents may welcome a period of drought and reward you by flowering on your return!

If you are leaving your plants



to their own devices, it is important to organise a sufficient reserve of water for them to draw on over a period of time. This can be done by various means.

■ A wick works well for large pot plants. Fill a large container, eg a washing up bowl, with water and use a piece of capillary matting as a wick. Insert one end of the wick into the container and bury the other end into the plant pot. This will allow the plant to be 'drip fed'.

■ Matting can be used for groups of small pot plants. Place a sheet of capillary matting on the draining board or beside the bath. Water the plants and matting well and press the plants firmly into the matting. Then insert one end of the matting into the sink or bath filled with water. Again, plants will enjoy a con-

stant slow feed of moisture.

■ If you are only away for a few days, cover each plant with a clear plastic bag which is sealed and kept out of contact with the plant using canes. Water well beforehand – the vapour will be collected and returned to the plant.

■ Self-watering containers have built-in reservoir systems but are only suited to plants which are happy being in moist conditions.

■ Place a layer of mulch around the plant to help retain moisture. This works well outside. Inside, a layer of small pebbles or gravel has the same effect.

■ Water-retaining crystals can be bought in most garden centres. When added to the soil, they absorb moisture and help to prevent it from drying out. Very useful for pots but can also be used in the garden on water hungry plants.

■ Water the soil around the plants well. Cut the bottom off a plastic bottle and fill with water (covering the top end). Angle the bottle and press the top of the bottle into the soil close to the plant. Top up with water. Great for outdoor plants, and a good way to water and feed tomatoes and courgettes.

So, whatever you are doing for the summer, enjoy your holidays and make sure your plants enjoy their break from you too!

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ہم صرف ان لوگوں سے رابطہ کر سکتے ہیں جن کو ہم گھر کی پیشکش کرتے ہیں۔ یہ پیشکش کرنا یہ داری کی پالیسی کی بنیاد پر ترجیحی لحاظ سے کی جاتی ہے۔ پالیسی کی کاپی ہم سے اس نمبر پر رابطے کے ذریعے دستیاب ہو سکتی ہے 020 7364 2826 یا آپ اسے ویب سائٹ پر ملاحظہ کر سکتے ہیں۔

website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet '**Support Charges in long term Supporting People Services**'. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	Description
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards
C Life time Homes	Specifically designed to create an accessible and adaptable home
D Easy Access	Designed to be spacious with no steps to the property
E Step-free	General housing with no steps to the property
F General Housing	Does not meet requirements for other categories
G Not assessed	Property not yet had access survey

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on 020 7364 0204 / 0206 / 0209.



1. Internet Bidding
Just log on to www.thhs.org.uk



2. Telephone Bidding
Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit

Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to 3 bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking



SHELTERED
Accessible Category B
SHAFTESBURY LODGE,
UPPER NORTH STREET, E14
 Flat • 1 Bed 2 Person • 2nd floor •
 Separate kitchen • One lift •
 Entryphone • Bathroom with W/C •
 GCH • Shared garden • Pets not
 permitted

Eligibility : Min Client Age 60

£165.70, Weekly - Social Rent
 Landlord: Sanctuary HA

Property Ref: 27510



SHELTERED
Accessible Category E
POLLARD ROW, E2
 Flat • 1 Bed 2 Person • Ground
 Floor • Separate kitchen • No Lift •
 Entryphone • GCH • Shared
 garden • Pets not permitted

Eligibility : Min Client Age 55

£173.26, Weekly - Social Rent
 Landlord: Gateway Housing
 Association

Property Ref: 27493



SHELTERED
Accessible Category G
GAWTHORNE COURT,
MOSTYN GROVE, E3
 Flat • 1 Bed 2 Person • 1st floor •
 Separate kitchen • One lift •
 Entryphone • Bathroom with W/C •
 Check heating on viewing • No
 garden • Pets not permitted

Eligibility : Min Client Age 60

£135.23, Weekly - Social Rent
 Landlord: OLD FORD HA

Property Ref: 27487



SHELTERED
Accessible Category E
APIAN COURT, PARNELL
ROAD, E3
 Flat • 1 Bed 2 Person • 2nd floor •
 Separate kitchen • One lift •
 Entryphone • Bathroom with W/C •
 GCH • Shared garden • Pets not
 permitted

Eligibility : Min Client Age 60

£172.05, Weekly - Social Rent
 Landlord: Gateway Housing
 Association

Property Ref: 27485



BEDSIT SELF-CONTAINED FLAT
Accessible Category G
STAFFORD CRIPPS HOUSE,
GLOBE ROAD, E2
 Flat • 0 Bed 1 Person • 4th floor •
 Separate kitchen • One lift •
 Entryphone • Bathroom with W/C •
 GCH • No garden • Pets permitted

£86.73, Weekly - Social Rent
 Landlord: Tower Hamlets Council

Property Ref: 27501



1 BEDROOM
Accessible Category C
SILK HOUSE, KILLICK WAY, E1
 Flat • 1 Bed 2 Person • 4th floor •
 New build • Open plan kitchen •
 One lift • Entryphone • Bathroom
 with W/C • GCH • Balcony • Car
 free home • Pets not permitted
 Preference to existing Ocean
 Estate Council Decant Tenants

£129.29, Weekly - Social Rent
 Landlord: East Thames Group

Property Ref: 27467



1 BEDROOM
Accessible Category C
SILK HOUSE, KILLICK WAY, E1
 Flat • 1 Bed 2 Person • 5th floor •
 New build • Open plan kitchen •
 One lift • Entryphone • Bathroom
 with W/C • GCH • Balcony • Car
 free home • Pets not permitted
 Preference to existing Ocean
 Estate Council Decant Tenants

Advert represents 2 properties
 £129.29, Weekly - Social Rent
 Landlord: East Thames Group

Property Ref: 27471



1 BEDROOM
Accessible Category F
PRINT APARTMENTS,
DUCKETT STREET, E1
 Flat • 1 Bed 2 Person • 1st floor •
 New build • Open plan kitchen •
 No Lift • Entryphone • Bathroom
 with W/C • GCH • Balcony • Car
 free home • Pets not permitted
 Preference to existing Ocean
 Estate Council Decant Tenants

Advert represents 3 properties
 £125.72, Weekly - Social Rent
 Landlord: East Thames Group

Property Ref: 27462



1 BEDROOM
Accessible Category F
DONEGAL HOUSE,
CAMBRIDGE HEATH ROAD, E1
 Flat • 1 Bed 2 Person • 3rd floor •
 Separate kitchen • Two lifts •
 Entryphone • Wet room (walk in
 shower) • GCH • No garden • Pets
 permitted

£99.75, Weekly - Social Rent
 Landlord: Tower Hamlets Council

Property Ref: 27499



1 BEDROOM
Accessible Category F
PORTREE STREET, E14
 Flat • 1 Bed 2 Person • 1st floor •
 Separate kitchen • No Lift •
 Bathroom with W/C • GCH • No
 garden • Pets permitted

Preference to Housing Moves
 applicants

£116.39, Weekly - Social Rent
 Landlord: Poplar HARCA

Property Ref: 27496



1 BEDROOM
Accessible Category F
OLD FIRE STATION HOUSE,
WESTFERRY ROAD, E14
 Flat • 1 Bed 2 Person • 2nd floor •
 Open plan kitchen • No Lift •
 Entryphone • Bathroom with W/C •
 GCH • No garden • Car free home
 • Pets not permitted
 Managed by Karin Housing
 Association

£105.03, Weekly - Social Rent
 Landlord: Swan Housing
 Association

Property Ref: 27486



1 BEDROOM
Accessible Category F
NEWCOURT HOUSE, POTT
STREET, E2
 Flat • 1 Bed 2 Person • 2nd floor •
 Separate kitchen • No Lift •
 Entryphone • Separate Bathroom
 and W/C • GCH • No garden •
 Pets permitted

£105.41, Weekly - Social Rent
 Landlord: Tower Hamlets Council

Property Ref: 27488



1 BEDROOM
Accessible Category F
COOKHAM HOUSE,
MONTCLARE STREET, E2
 Flat • 1 Bed 2 Person • 1st floor •
 Separate kitchen • No Lift •
 Entryphone • Bathroom with W/C •
 GCH • No garden • Pets permitted

£112.97, Weekly - Social Rent
 Landlord: Tower Hamlets Council

Property Ref: 27506



1 BEDROOM
Accessible Category G
SONNING HOUSE, PALISSY
STREET, E2
 Flat • 1 Bed 2 Person • 3rd floor •
 Open plan kitchen • One lift •
 Entryphone • Shower Room with
 W/C • Electric storage heater • No
 garden • Pets not permitted
 No Bath-Shower Only

£116.20, Weekly - Social Rent
 Landlord: Providence Row HA

Property Ref: 27484



1 BEDROOM
Accessible Category F
PELTER STREET, E2
 Flat • 1 Bed 2 Person • Ground
 Floor • Separate kitchen • No Lift •
 Entryphone • Bathroom with W/C •
 GCH • No garden • Pets permitted

£110.17, Weekly - Social Rent
 Landlord: Tower Hamlets Council

Property Ref: 27505



1 BEDROOM
Accessible Category F
RUSSIA LANE, E2
 Flat • 1 Bed 2 Person • Ground
 Floor • Separate kitchen • No Lift •
 Entryphone • Separate Bathroom
 and W/C • GCH • No garden •
 Pets permitted

£107.29, Weekly - Social Rent
 Landlord: Tower Hamlets Council

Property Ref: 27489



2 BEDROOMS
Accessible Category F
LUKE HOUSE, TILLMAN
STREET, E1
 Flat • 2 Bed 4 Person • 4th floor •
 Separate kitchen • One lift •
 Entryphone • Separate Bathroom
 and W/C • GCH • No garden •
 Pets not permitted
 Children must be 10 years & over

£133.66, Weekly - Social Rent
 Landlord: Tower Hamlets
 Community Housing

Property Ref: 27495



2 BEDROOMS
Accessible Category C
SILK HOUSE, KILLICK WAY, E1
 Flat • 2 Bed 3 Person • 4th floor •
 New build • Open plan kitchen •
 One lift • Entryphone • Bathroom
 with W/C • GCH • Balcony • Car
 free home • Pets not permitted
 Preference to existing Ocean
 Estate Council Decant Tenants

Advert represents 3 properties
 £149.21, Weekly - Social Rent
 Landlord: East Thames Group

Property Ref: 27466



2 BEDROOMS
Accessible Category C
SILK HOUSE, KILLICK WAY, E1
 Flat • 2 Bed 3 Person • 5th floor •
 New build • Open plan kitchen •
 One lift • Entryphone • Bathroom
 with W/C • GCH • Balcony • Car
 free home • Pets not permitted
 Preference to existing Ocean
 Estate Council Decant Tenants

£149.21, Weekly - Social Rent
 Landlord: East Thames Group

Property Ref: 27470



2 BEDROOMS
Accessible Category C
SILK HOUSE, KILLICK WAY, E1
 Flat • 2 Bed 3 Person • 5th floor •
 New build • Open plan kitchen •
 One lift • Entryphone • Bathroom
 with W/C • GCH • Balcony • Car
 free home • Pets not permitted
 Preference to existing Ocean
 Estate Council Decant Tenants

Advert represents 3 properties
 £149.21, Weekly - Social Rent
 Landlord: East Thames Group

Property Ref: 27472



2 BEDROOMS
Accessible Category F
RAYNHAM HOUSE, HARPLEY SQUARE, E1
Maisonette • 2 Bed 4 Person • 7th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£114.67, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27483



2 BEDROOMS
Accessible Category F
PRINT APARTMENTS, DUCKETT STREET, E1
Flat • 2 Bed 3 Person • 1st floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted
Preference to existing Ocean Estate Council Decant Tenants

Advert represents 3 properties
£145.04, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 27460



2 BEDROOMS
Accessible Category E
PAULINE HOUSE, OLD MONTAGUE STREET, E1
Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted • Concierge/CCTV

£134.37, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27498



2 BEDROOMS
Accessible Category F
WIGRAM HOUSE, WADES PLACE, E14
Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£112.23, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27511



2 BEDROOMS
Accessible Category G
KELSON HOUSE, STEWART STREET, E14
Maisonette • 2 Bed 4 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets not permitted

£145.12, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 27476



2 BEDROOMS
Accessible Category F
MATILDA HOUSE, ST KATHARINES WAY, E1W
Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • Check heating on viewing • No garden • Pets not permitted
Tenant participation expected in the running of the block - see TMO information

£118.18, Weekly - Social Rent
Landlord: Stephen & Matilda Co-op

Property Ref: 27509



2 BEDROOMS
Accessible Category F
REARDON HOUSE, REARDON STREET, E1W
Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£110.51, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27494



3 BEDROOMS
Accessible Category F
VISTA COURT, BERMUDA WAY, E1
Flat • 3 Bed 5 Person • 2nd floor • New build • Kitchen diner • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted

£176.07, Weekly - Social Rent
Landlord: Spitalfields HA

Property Ref: 27478



3 BEDROOMS
Accessible Category F
MAYDWELL HOUSE, THOMAS ROAD, E14
Flat • 3 Bed 6 Person • 4th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£147.12, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 27508



3 BEDROOMS
Accessible Category F
SALMON LANE, E14
House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets permitted

£128.01, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27497



3 BEDROOMS
Accessible Category G
DOUGHTY COURT, PRUSOM STREET, E1W
Maisonette • 3 Bed 5 Person • 4th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

Eligibility : Transfer List

£129.68, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27504



3 BEDROOMS
Accessible Category F
CHESHIRE STREET, E2
Flat • 3 Bed 5 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted

£181.32, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 27482



3 BEDROOMS
Accessible Category C
CHESHIRE STREET, E2
Flat • 3 Bed 5 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted

Preference to Housing Moves applicants

£181.32, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 27502



3 BEDROOMS
Accessible Category E
COBDEN HOUSE, NELSON GARDENS, E2
Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Wet room (walk in shower) • GCH • Private garden • Pets not permitted • Stairlift • Ramp to front door

£155.90, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 27477



3 BEDROOMS
Accessible Category F
KIRTION GARDENS, E2
Maisonette • 3 Bed 6 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£135.17, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27479



3 BEDROOMS
Accessible Category F
POMEROY HOUSE, ST JAMES AVENUE, E2
Flat • 3 Bed 5 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£131.27, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27503



3 BEDROOMS
Accessible Category F
SHEFFIELD SQUARE, E3
Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

Eligibility : Transfer List

£127.89, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 27507



4 BEDROOMS
Accessible Category F
THOMAS ROAD, E14
House • 4 Bed 6 Person • Ground Floor • Kitchen diner • No Lift • Bathroom with W/C and Additional W/C • GCH • Private garden • Pets not permitted • Town house over 3 floors

£161.38, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 27492



1. Internet Bidding –
Just log on to www.thhs.org.uk



2. Telephone Bidding –
Simply call 0845 270 2400

Reminder

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes. You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



Accessible Category F
FAIRLIE COURT, STROUDLEY WALK, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Patio • Pets permitted

Advert represents 2 properties
£198.07, Weekly - Affordable Rent
Landlord: Poplar HARCA

Property Ref: 27490



Accessible Category F
UAMVAR STREET, E14

Flat • 2 Bed 4 Person • 1st floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Check garden on viewing • Pets permitted

£171.27, Weekly - Affordable Rent
Landlord: Poplar HARCA

Property Ref: 27481



Accessible Category F
UAMVAR STREET, E14

Flat • 2 Bed 4 Person • 1st floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Check garden on viewing • Pets permitted

£171.27, Weekly - Affordable Rent
Landlord: Poplar HARCA

Property Ref: 27500

•TMO'S•

Tenant Management Organisations (TMOs) are formed when tenants decide they want to take over the management of their homes. TMOs usually take the form of either a Tenant Management Co-operative (TMC) or an Estate Management Board (EMB).

When a TMO take over the management of an estate the Council still owns the homes and the tenants keep the same rights as other Council tenants.

Should you move to a property managed by a Tenant Management Organisation (TMO) you may be expected to contribute to the day to day running of

the block & estate.

TMO responsibilities can vary, but may include:

- organising repairs
- deciding on caretaking and estate cleaning priorities
- collecting rent and managing arrears
- employing and managing staff and contractors
- looking after public gardens and other shared areas
- controlling any estate improvements
- providing advice and support to tenants.

Please be aware of this when bidding for a Tenant Management Organisation (TMO) property.

Free Refurbishment for Landlords

On All 1-5 Year Guaranteed Rent Packages



- 0% Commission
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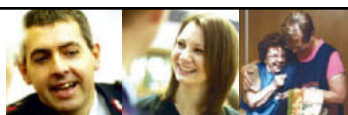
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124 Whitechapel Road
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T&C Applies*



FACILITIES & ADMINISTRATION CO-ORDINATORS

Starting salary: £28,939 per annum

Hours: minimum 40 hours per week (with some evenings and weekends)

The HSU London Region has two vacancies at the following Lifehouses:

Edward Alsop Court, SW1P

Hopetown, E1 – Female applicants only, The Equality Act 2010, Schedule 9, Part 1, Paragraph 1 applies to this post

In this role you will effectively manage the Housing Management and administration functions within our Residential Lifehouse Services, ensuring there is a strong focus on customer service and be jointly responsible for ensuring our vision for high quality support services is delivered to everyone who comes into contact with us.

The Facilities and Administration Co-ordinator will specifically focus on the following:

Mission – To understand and support the spiritual programme at the Lifehouse.

Front of house and administration services – To ensure excellent front of house services are delivered and that client queries are handled in a professional manner with an emphasis on customer services.

Health & Safety – To establish and monitor Health and Safety systems for implementing and recording safe working practices including fire records, COSHH, first aid etc.

Domestic Services & Repairs – To ensure the service is cleaned and maintained to a high level which satisfies statutory requirements where they exist and internal/external inspection requirements either through the management of in-house staff or the effective management of contracted services.

Budgetary Control & Business Development – To establish and monitor effective management systems to ensure Personal and Housing Benefit payments from clients are maximised and unplanned moves minimised, including monitoring arrears, keeping accurate records and reporting on this to the Service Manager/Management Team.

Applicants must be able to work within the Christian ethos of The Salvation Army.

Benefits include: 25 days annual leave per annum plus 8 bank holidays; contributory pension scheme; childcare vouchers; season ticket loan; excellent training opportunities.

For an application pack and further information please visit The Salvation Army Website www.salvationarmy.org.uk/jobs or email Stephanie.DSouza@salvationarmy.org.uk

Please state clearly which location(s) you wish to be considered for.

CVs will not be accepted. No agencies.

The deadline for all applications is Wednesday 31 July 2013.

Promoting equality in the workplace. The Salvation Army is a Church and a registered charity. Charity no. 214779 and in Scotland SC009359.

www.salvationarmy.org.uk



London Borough of Tower Hamlets
HARBINGER PRIMARY SCHOOL
Cahir Street London E14 3QP
020 7987 1924

2 TEMPORARY TEACHING ASSISTANTS

Maternity Cover

Scale 3 – Term-time/ pro rata 28.75 hours per week

Starting: September 2013

Harbinger is a thriving, inner city, school committed to meeting the individual needs of children through inclusive practice.

We are seeking a teaching assistant to join our dedicated and stable team who:

- has experience of supporting children with special needs;
- has experience in managing children's social and emotional well-being;
- can support early literacy development;
- has excellent oral and written English (GCSE grade C+);
- has excellent team skills;
- can contribute effectively to the shared vision of an enthusiastic staff;
- is reliable with an excellent health & attendance record.

Emailed applications only. Please email completed applications to: jobs@harbinger.towerhamlets.sch.uk

Application packs can be collected from the school until Tuesday 23rd July or downloaded from school website.

School closes for the summer holiday on 24th July 2013 after which time application packs will only be available for download from our website www.harbingerschool.co.uk.

Closing date for applications: Friday 23rd August 2013 – 12 noon. Interviews will take place during the w/b: 2nd September 2013

Harbinger school is committed to equal opportunities and follows the Tower Hamlets equality and diversity policy.

Harbinger School is committed to safeguarding children and all candidates will be required to undertake a full criminal record check.



Toynbee Hall

TRAINEE COMMUNITY ORGANISERS (£8.55 per hour for 30-35 hours per week)

Interested in helping local communities achieve their potential? Are you a great communicator, with a drive to make a difference? Want to learn some new skills?

We are recruiting a team of up to 4 Trainee Community Organisers, including at least one person who can speak Sylheti, to work in Tower Hamlets or the City of London.

Closing date: 19th August 2013.

YOUTH DEVELOPMENT OFFICER (to £30,000 per annum pro rata 17.5 hours)

ASPIRE PROJECT WORKER (£23,000 per annum for 35 hours)

Passionate about working with young people?

Want to support 13-14 year olds who are excluded and marginalised within the school system? We are looking for two motivated and committed people to work with our innovative youth projects, one with extensive experience and one entry level position. Closing date: 28th July 2013.

To find out more about these unique opportunities go to www.toynbeehall.org.uk/careers or email recruitment@toynbeehall.org.uk

Organisation: Karin Housing Association

Job: Housing Management Officer

Contract: One Year: it may be possible to extend

Salary: £19,739 including London Weighting

Qualification: Degree or equivalent; Preferable housing degree

Experience: One year housing services

We are recruiting a full time worker, the applicant must speak Somali and possess the following knowledge, experience, skills, and excellent customer service skills.

The applicant should have experience and knowledge of Housing Legislations: dealing with anti-social behaviour or complaints; Monitoring forms evaluation; providing a high standard of customer service; dealing with repairs and maintenance; working under pressure. Must have excellent communication skills in both written and spoken English. The applicant must also have high interpersonal skills and be self-motivated. Determined, hardworking, assertive, flexible, with the ability to solve problems and able to use a wide range of computer applications; ability to record systematically and log requests through to completion: ability to accept positive criticism and have excellent organisational skills. Working with other agencies on behalf of residents.

Please send your CV to Ibrahim.ali@karin-ha.org.uk, or contact for information pack on 0207 392 9622. The deadline is 31/07/2013

The post is advertised under section 5(20) of the race relationship act 1976).



HOME-START TOWER HAMLETS

Volunteers with parenting skills needed

Home visits to support families with at least one child under five under stress in the borough of Tower Hamlets. Full training given. Next preparation course starting in September. 32-40 hours spread over 4-5 weeks, 10am-2.45pm twice weekly.

Attlee Youth & Community Centre
5 Thrawl Street, London E1 6RT

Contact Pauke on 020 7377 8552 or email info@hstowerhamlets.org.uk

Charity no 1142947



INTERGEN COORDINATOR FOR BETHNAL GREEN

Are you local to Bethnal Green? Are you retired? Help us recruit volunteers and contribute to your local community with part time flexible hours, pay, training and support.

You will work with:

- Morpeth Secondary School
- Bonner Primary School
- Bangabandhu Primary School

For information or an application pack contact

BEN.BOLT@INTERGEN.ORG.UK
Closing date: 23/08/2013

www.intergen.org.uk

To advertise in East End Life, call...

Chris on 7364 4994, Laura on 7364 0946
or Fatima on 7364 4623

HOME CARE WORKERS URGENTLY REQUIRED



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You can also call us on 0207 199 0356 between 9-5pm

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www.focuscarelink.co.uk



George Green's School

Manchester Road, Isle of Dogs, London E14 3DW
Tel: 020 7987 6032 Fax: 020 7538 2316

Principal: Mrs Kenny Frederick MSc

George Green's School is seeking to appoint two full-time talented and committed managers to its Community and Extended Programme Team - now to be known as CEEP (Community, Employability and Engagement Programme).

• Community Manager

(Employability) NJC Grade SO1,
Spine Point 29-31 (£27,945-£29,571)

• Community Manager

(Engagement) NJC Grade SO1,
Spine Point 29-31 (£27,945-£29,571)

Each person appointed will be responsible for delivering efficient and effective management of either the Employability Programme or the Engagement Programme, within the wider George Green's CEEP programme. They will be joining what will be a core team of four - comprising themselves, a third Community Manager (Access) and an overall Head of Service for CEEP (currently one of the school's three Deputy Heads.)

Key deliverables for the CEEP programme as a whole:

- Improved community cohesion, as measured by:
 - Reducing numbers of young people at risk of committing crime.
 - Reducing levels of conflict between differing groups.
- Increased levels of participation in learning, leisure and other activities - likely to lead to improved understanding, cooperation and sense of community.
- Increased involvement of young people locally in volunteering and other activities likely to develop them personally - including improving their employability - and benefit the community
- Improved employment prospects for young people living locally.
- Ongoing successful income generation, to secure the financial viability of the programme into the future.

Application forms, job descriptions/person specifications and further details available to download from the school website:

www.georgegreens.com

Closing date for applications: Tuesday 30th July 2013 @ 9am
Interviews: Week beginning 5th August 2013

Finance and Administration Officer

BowHaven, a User-Run Mental Health Day Centre, seeks a Finance and Administration officer.

The part-time post involves bookkeeping, financial management, database systems and administration whilst working closely with the manager to achieve these objectives. You will have a proactive attitude and excellent interpersonal skills.

Salary: £22,425 (Scale 4, point 21) pro rata

Hours: 17.5 per week

Closing date for application: 5pm on 25th July 2013

Interviews held: 8th August 2013

Contact fran@bowhaven.org.uk
or call 07507 002 350 for a full job description & application form



BOW COMMUNITY HALL, WILLIAM PLACE, ROMAN RD, LONDON E3 5ED

Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



Children’s Centre Locality Teacher Education, Social Care and Wellbeing Directorate Ref: ESW00113	£44,899 - £48,503 (plus £2,903 London Weighting) per annum
Communications Officer Education, Social Care and Wellbeing Directorate Ref: ESW00132 6 months FTC	£35,055 - £37,851 per annum
Senior Residential Support Worker Education, Social Care and Wellbeing Directorate Ref: ESW00116	£27,009 - £31,935 per annum
Personal Advisor (Unqualified) Education, Social Care and Wellbeing Directorate Ref: ESW00120	£27,945 - £31,152 per annum
Male Day Centre Officer Education, Social Care and Wellbeing Directorate Ref: ESW00051	£22,920 - £24,819 per annum

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.
www.towerhamlets.gov.uk/careers
We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.
Closing date for all posts: 28 July 2013



TOWN AND COUNTRY PLANNING ACT 1990
NOTICE UNDER ARTICLE 12 TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (ENGLAND) ORDER 2010
OF APPLICATION FOR PLANNING PERMISSION

Proposed development of land at Fleet Street Hill, London, E1. I give notice that UKI (Fleet Street Hill) Limited is applying to London Borough of Tower Hamlets for planning permission for “Redevelopment of the site to provide 34 residential dwellings of mixed tenure (7 private, 3 intermediate and 24 social rent) in buildings of part 1, 2, 3, 4 and 8 storeys. The development includes the provision of 135 sqm of retail (Use Class A3) and 671 sqm of flexible commercial and community space (Use Classes A1, A2, B1a, D1, and D2) five car parking spaces, an energy centre, a new public space and the relocation of the existing pedestrian and cycle route through the site, plus other incidental works. The application comprises part of the affordable housing element of a concurrent planning application for The Huntingdon Industrial Estate, Bethnal Green Road, E2.”

Any owner* of the land or tenant** who wishes to make representations about this application should write to the Council at Planning Department, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London, E14 1BY within 21 days beginning with the date of publication of this notice.

Signed: DP9
On behalf of: UKI (Fleet Street Hill) Limited
Date: 22 July 2013

*“owner” means a person having a freehold interest or a leasehold interest the unexpired term of which is not less than seven years, or, in the case of development consisting of the winning or working of minerals, a person entitled to an interest in a mineral in the land (other than oil, gas, coal, gold or silver). **“tenant” means a tenant of an agricultural holding any part of which is comprised in the land. Statement of owner's rights The grant of planning permission does not affect owner's rights to retain or dispose of their property, unless there is some provision to the contrary in an agreement or in a lease. Statement of agricultural tenant's rights The grant of planning permission for non-agricultural development may affect agricultural tenant's security of tenure.

To place your advert in East End Life, call Chris on 7364 4994

Public notices

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN THAT Mr. Thomas Edward Docker has applied to the London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003.

Premises; 184 Hackney Road, London E2 7QL

The licensable activities and timings are: To remove the Condition Number 2 from Annex 3 (alcohol shall only be served to patrons seated and dining at the premises by waiter service) for basement floor only.

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place (AH), PO Box 55739, 5 Clove Crescent, London E14 1BY Website: www.towerhamlets.gov.uk Tel: 020 7364 5008

Representations must be received no later than 05/08/2013

The Application Record and Register may be viewed between 10am

and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000)

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 16A

TEMPORARY PROHIBITION OF TRAFFIC CALVERT AVENUE “AFRICAN ART & FASHION” ORDER 2013

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made the above-mentioned Order under Section 16A of the Road Traffic Regulation Act 1984 (as amended by Special Events Act 1994). The effect of the Order will be to prohibit vehicular traffic from stopping, entering or proceeding in Calvert Avenue between

its junction with Boundary Street and its junction with Arnold Circus.

The restrictions on vehicular traffic will enable the African Art and Fashion Event to be held on the public highway.

The alternative routes for vehicular traffic will be via Boundary Street, Virginia Road, Hocker Street and Arnold Circus and vice versa or Boundary Street, Navarre Street and Arnold Circus and vice versa.

However, access will be provided for Police, Fire and Ambulance vehicles in an emergency or access may also be provided with the permission of a police officer in uniform or for the purposes of the event.

The Order will operate on Sunday 28th July 2013 from 13.00 hours until 18.00 hours when temporary traffic signs and traffic cones are placed on the public highway.

Please refer any queries regarding traffic restrictions to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email: charlie.harrison@towerhamlets.gov.uk

Date: 28th July 2013

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE

5 CLOVE CRESCENT LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – SCLATER STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Sclater Street between its junction with Bethnal Green Road and its junction with Cygnet Street.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Metro Traffic Services Limited.

The alternative routes will be via Bethnal Green Road (westbound), Shoreditch High Street, Commercial Street, Wentworth Street, Brick Lane, Bacon Street (westbound) and Cygnet Street or Sclater Street, Brick Lane and Bethnal Green Road (westbound).

The restriction on vehicular traffic

will operate from 29th July 2013 until 2nd August 2013 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 22nd July 2013

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CAVELL STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order,

which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Cavell Street between its junction with Varden Street and its junction with Clark Street.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Centurion Traffic Management.

The alternative route will be via Varden Street, Turner Street, Ashfield Street and Cavell Street and vice versa.

The restriction on vehicular traffic will operate on Tuesday 23rd July 2013 from 08:00 hours until 17:00 hours when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Street Works Liaison Officer, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerhamlets.gov.uk

Dated: 22nd July 2013

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Days Inn Hotel, 419-437 Hackney Road, London, E2 8PP **PA/13/01543/PLA**

Part Fourth Floor, New Fifth & Sixth Floor Extension to Existing Apartment/Hotel to facilitate a further 21 Apartments

Bow Road Lt Station, Bow Road, London, E3 4DH **PA/13/01556/AHO**
Refurbishment/repair works to remove and reconstruct the western timber elevation to the over bridge at Bow Road station.

Land at Royal Mint St Mansell St and Chamber St, Royal Mint Street, London, E1 **PA/13/1527**

Proposed minor material amendment to permission dated 22 March 2012 (ref: PA/11/00642) for the redevelopment of site for a mixed-use development comprising the erection of two buildings of between 3 and 15 storeys, providing 354 residential units (Use Class C3), a 236 room hotel together with 33 serviced apartments (Use Class C1), flexible retail/financial services/restaurant/cafe/drinking establishment/health clinic/business space (1172sqm) (Use Classes A1, A2, A3, A4, D1 and B1), restaurant, bar, gallery, leisure (731sqm) (Use Class A3/A4/D1/D2), community uses including sports and training facilities, neighbourhood police base and office space within the railway arches (1,014sq.m) (Use Class D1/D2/B1), creation of new public open space, alterations to the existing highway, and new pedestrian link, together with associated works including landscaping, providing of parking, servicing and plant area.

Proposed amendments to conditions 2 (plan no.s condition) (as non-materially amended by PA/12/03206 dated 15/03/2013), 34 (use class restrictions), 35 (location and use of community arches), 43 (lifetime homes standards and wheelchair adaptable units) and 48 (photovoltaic cells) of PA/11/00642 to allow the following:

- Adjustment to pedestrian route through piazza to Chamber Street;
- Inclusion of smoke extract roof plant and details of the boiler flue;
- Adjustment to north elevation of blocks B, C and D and widening of the link blocks;
- Addition of 3m catch tray to northern façade and eastern elevation;
- Adjustment to the internal cores and entrance from piazza to blocks B, C and D;
- Adjustment to residential layouts, reducing the number of units in blocks BCD from 275 to 266;
- Adjustment to balcony and window details;
- Inclusion of comfort cooling;
- Amendment to energy strategy and variation of provision of photovoltaic cells ;
- Adjustments to cycle stores and car parking;
- Adjustment to layouts of the arches below and to the rear of blocks A, B, C and D;
- Adjustment to refuse storage;
- Amendments to provision of shared amenity and play space within blocks B, C and D;
- Adjustment to ground and mezzanine to the eastern façade of block A; and,
- Adjustment to basement layout. (ALSO A MAJOR APPLICATION)

519-523 Cambridge Heath Road, E2 **PA/13/1535/BEE**

Extension of the existing second floor and provision of an additional third floor over and part change of use from office to residential to create four dwellings.

40 Commercial Street, E1 **PA/13/1264/KHA**

Works to elevations of existing building including: installation of new windows and door at ground floor level, paintwork to be stripped of brick work on upper floors, cleaning and repointing upper levels of facade, new mosaic signage on existing fascia and installment of stone plinth.

Museum Gardens Public Conveniences, Cambridge Heath Rd E2 **PA/13/1551/SHA**

Change of use - Renovation and conversion of existing redundant toilet block into a cafe and public toilet facility

Unit 405, Metropolitan Wharf Building, 70 Wapping Wall, E1 **PA/13/1562/MCH**

Installation of glazed partitions over listed fabric and associated works. No structural alterations.

Olga Primary School, Lanfranc Rd, E3 **PA/13/1558/KHA**

Demolition of existing single storey building and construction of 2-3 building to enable Olga Primary School to enlarge from 1 to 3 forms of entry. Associated external works including new secure perimeter fence with new vehicular and pedestrian access onto the site, construction of a fenced hard games court and landscaping works including tree removal and replacement.

Flat 4, 24 Narrow Street, E14 **PA/13/1488/LAB**

Relocate existing escape hatch and alterations to bathroom roof and skylight.

Bethnal Green Methodist Church, Approach Road, E2 **PA/13/1452/SHA**

Disable access ramp

408 Hackney Road, E2 **PA/13/1501/PAL**

Erection of a 4 bedroom town house.

Land Bounded By Park Place, Westferry Road & Heron Quay Road, London **PA/13/01456/KCO**

Alterations to the Grade | Listed dock wall in order to enable the erection of 58 storey, plus basement level residential building consisting of the removal of later additions of the wall, and the making good and repair of sections of the wall.

Substation –Poplar Baths, 170 East India Dock Road, E14 **PA/13/1581/RLA**

Reconfiguration of Poplar Baths building to facilitate a new electricity sub-station, including cable ducts

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

13 Salmon Lane, London, E14 7NA **PA/13/01536/LAB**

Erection of a two storey rear extension.

45 Kenilworth Road, London, E3 5RH **PA/13/01510/SHA**

Erection of single storey rear extension.

25 Chisenhale Road, E3 **PA/13/1402/SHA**

The application proposes

1. The creation of a lightwell to the front of the property to facilitate the use of the basement as habitable rooms
2. In fill extension to the rear with skylight and glazed doors to facilitate the expansion of the existing kitchen.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 22nd July 2013

OWEN WHALLEY
HEAD OF PLANNING AND BUILDING CONTROL



Public & Legal Notices

Why you should read these.

Public and Legal notices could effect you in many ways. These notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Land Bounded By Park Place, Westferry Rd PA/13/01455 & PA/13/01456/KCO & Heron Quay Rd, (Newfoundland) London

Erection of a 58 storey and linked 2 storey building with 3 basement levels to comprise of 566 residential units (use class C3), 7 ancillary guest units (use class C3), flexible retail use (use class A1-A4), car and cycle parking, pedestrian bridge, alterations to deck, landscaping, alterations to highways and other works incidental to the proposal.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 22nd July 2013

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL



LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (ENVIRONMENTAL IMPACT ASSESSMENT) REGULATIONS 2011

NOTICE UNDER ARTICLE 8 OF APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT

PROPOSED DEVELOPMENT AT:

Land Bounded By Park Place, PA/13/01455 (FPP) & PA/13/01456 (LBC) Westferry Road & Heron Quay Road, (Newfoundland) London

Notice is given that DP9 on behalf of South Quay Properties Limited are applying to the London Borough of Tower Hamlets for:

Erection of a 58 storey and linked 2 storey building with 3 basement levels to comprise of 566 residential units (use class C3), 7 ancillary guest units (use class C3), flexible retail use (use class A1-A4), car and cycle parking, pedestrian bridge, alterations to deck, landscaping, alterations to highways and other works incidental to the proposal.

This MAJOR application includes the submission of an Environmental Statement under the provisions of the Town and Country Planning (Environmental Impact Assessment) Regulations 2011

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 5pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from DP9, 100 Pall Mall, London, SW1Y 5NQ Tel: 020-7004-1700 so long as stocks last. (Price on application)

Any person who wishes to make representations relating to any of these applications should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the Planning Office address above.

Dated 22nd July 2013

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL



LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (ENVIRONMENTAL IMPACT ASSESSMENT) REGULATIONS 2011

NOTICE UNDER ARTICLE 8 OF APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT

PROPOSED DEVELOPMENT AT:

Land at Royal Mint St Mansell St and Chamber St, PA/13/1527/RL Royal Mint Street, London, E1

Notice is given that Rolfe Judd Planning on behalf of RMS (England) Ltd. are applying to the London Borough of Tower Hamlets for:

Proposed minor material amendment to permission dated 22 March 2012 (ref: PA/11/00642) for the redevelopment of site for a mixed-use development comprising the erection of two buildings of between 3 and 15 storeys, providing 354 residential units (Use Class C3), a 236 room hotel together with 33 serviced apartments (Use Class C1), flexible retail/financial services/restaurant/cafe/drinking establishment/health clinic/business space (1172sqm) (Use Classes A1, A2, A3, A4, D1 and B1), restaurant, bar, gallery, leisure (731sqm) (Use Class A3/A4/D1/D2), community uses including sports and training facilities, neighbourhood police base and office space within the railway arches (1,014sq.m) (Use Class D1/D2/B1), creation of new public open space, alterations to the existing highway, and new pedestrian link, together with associated works including landscaping, providing of parking, servicing and plant area.

Proposed amendments to conditions 2 (plan no.s condition) (as non-materially amended by PA/12/03206 dated 15/03/2013), 34 (use class restrictions), 35 (location and use of community arches), 43 (lifetime homes standards and wheelchair adaptable units) and 48 (photovoltaic cells) of PA/11/00642 to allow the following:

- Adjustment to pedestrian route through piazza to Chamber Street;
- Inclusion of smoke extract roof plant and details of the boiler flue;
- Adjustment to north elevation of blocks B, C and D and widening of the link blocks;
- Addition of 3m catch tray to northern façade and eastern elevation;
- Adjustment to the internal cores and entrance from piazza to blocks B, C and D;
- Adjustment to residential layouts, reducing the number of units in blocks BCD from 275 to 266;
- Adjustment to balcony and window details;
- Inclusion of comfort cooling;
- Amendment to energy strategy and variation of provision of photovoltaic cells ;
- Adjustments to cycle stores and car parking;
- Adjustment to layouts of the arches below and to the rear of blocks A, B, C and D;
- Adjustment to refuse storage;
- Amendments to provision of shared amenity and play space within blocks B, C and D;
- Adjustment to ground and mezzanine to the eastern façade of block A; and,
- Adjustment to basement layout. (ALSO A MAJOR APPLICATION)

This MAJOR application includes the submission of an Environmental Statement under the provisions of the Town and Country Planning (Environmental Impact Assessment) Regulations 2011

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 5pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from Rolfe Judd Planning, Old Church Court, Claylands Road, Oval, London, SW8 1NZ, 020 7556 1500 so long as stocks last. (Price on application)

Any person who wishes to make representations relating to any of these applications should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the Planning Office address above.

Dated 22nd July 2013

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL



Public notices

LONDON BOROUGH OF TOWER HAMLETS

NOTICE OF APPLICATION FOR PREMISES TO BE APPROVED AS A VENUE FOR MARRIAGES UNDER SECTION 26 (1) (bb) OF THE MARRIAGE ACT 1949 AND CIVIL PARTNERSHIPS UNDER SECTION 6 (3A) (a) OF THE CIVIL PARTNERSHIP ACT 2004.

I, Joanne Taylor being the proprietor of The East Wintergarden (the premises) give notice that I have applied to the Proper Officer of the London Borough of Tower Hamlets for approval of under the above Act as premises where civil ceremonies may take place.

Any person wishing to inspect the application and plans of the premises may do so at The Register Office, Bromley Public Hall, Bow Road, London E3 3AA. Monday, Tuesday, Thursday and Friday 9.30am-11.30am and 2.00pm-4.30pm.

Any person wishing to object the grant of approval may do so in writing, with reasons for the objection, within twenty one days of the date of publication of the notice. Objections should be sent to the Proper Officer at the above address.

**JOANNE TAYLOR
MANAGER
EAST WINTERGARDEN**

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN THAT Hackney WickED Art Festival (DPS Fabio Scarpa) has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003.

Premises: Queens Yard the Glass Factory, Hackney Wick, London

The licensable activities and timings are: License for the supply of alcohol and provision of regulated entertainment at the above premise at the following times:

Fri 16 Aug '13 6pm-9pm; Sat 17 Aug '13 12pm - 10pm; Sun 18 Aug '13 12pm-9pm

Activities: Festival hub for the Hackney WickED art festival 2013 including market stalls, acoustic music stage, food & drinks areas and family friendly entertainment.

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place (AH), PO Box 55739, 5 Clove Crescent, London E14 1BY
Website: www.towerhamlets.gov.uk Tel: 020 7364 5008

Representations must be received no later than 09/08/13

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to Level 5 on the standard scale (£5000)

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – GALE STREET E3

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Gale Street for a distance of approximately 30 metres between its junction with Devons Road and its junction with Hawgood Street.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Optimise Thames Water.

The alternative route will be via Hawgood Street, Furze Street and Devons Road and vice versa.

The restriction on vehicular traffic will operate from Monday 29th July 2013 until the end of August 2013 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002. The works are programmed for completion on Saturday 10th August 2013.

Please refer any queries regarding the above traffic restriction to Dave Pryce, Network Coordinator, Transport and Highways on 020 7364 6898 or

email, david.pryce@towerhamlets.gov.uk

Dated: 22nd July 2013

**JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CUBA STREET E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will continue in force to prohibit vehicular traffic from proceeding in Cuba Street for a distance of approximately 50 metres between its junction with Tobago Street and its junction with Manilla Street.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Demolition Solutions Limited.

The alternative routes will be via Cuba Street, Tobago Street and Manilla Street or Cuba Street, Westferry Road and Manilla Street.

Throughout the duration of the works, and at times when the "No Entry", "One Way", "Right Turn" and "Left Turn" traffic signs are covered, the existing one way working in Cuba Street between its junction with Westferry Road and its junction with Manilla Street will be temporarily suspended.

The restriction on vehicular traffic will continue in force to operate from 29th July 2013 until 23rd August 2013 and at times when temporary traffic signs and cones are placed on the public highway.

Please refer any queries regarding the restriction to John Parsons, Network Coordinator, Transport and Highways on 020 7364 6680 or email john.parsons@towerhamlets.gov.uk

Dated: 22nd July 2013

**JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**



Sport

Leisure centres

John Orwell Sports Centre
Tench Street, Wapping, E1W.
7488 9421

Langdon Park Leisure Centre
35 Byron Street, Poplar, E14
SHOKK Youth Fitness Centre.
7987 3575

Mile End Park Leisure Centre
190 Burdett Road, E3.
8709 4420

Mile End Park Stadium
Rhodeswell Road, Poplar, E14.
8980 1885

St George's Pools
221 The Highway, Wapping E1W.
7709 9714

Tiller Leisure Centre
Tiller Road, Isle of Dogs, E14.
7987 5211

Whitechapel Sports Centre
55 Durward Street,
Whitechapel, E1.
7247 7538

York Hall Leisure Centre
5-15 Old Ford Road, Bethnal Green, E2.
8980 2243

Keep fit

Body conditioning
Thurs, 6.15pm. Shadwell Basin Centre, Glamis Road, E1.
07961 951522

Coaching for juniors
Badminton & volleyball. Ages 9-16, all levels welcome. £1.
Sats, 12-2pm. Handball. for ages 9-16. £1.Sats 2-3.30pm. Bethnal Green Academy Sports Centre, Gosset Street, E2.
7920 7937

Fitness Boot Camp
Sat 9.30-10.30am at Mile End Park, Grove Road, E3.
07946 312102

Hatha yoga class
Sats 9am at Yoga Place, Bethnal Green Road, E2.
07905 944314

Keep fit
Weds, 10.15-11.15am, crèche available. Lansbury Lodge, 117 Ricardo Street, E14.
7515 7471

Get fit and have fun

To find out more about the events and activities at the borough's leisure centres go to your local centre or visit...

WWW.GLL.ORG

Keep fit

Weds, 11.45am-12.45pm. St Hilda's East Community Centre, 18 Club Row, E2.
7739 8066

Martial arts

Adults/junior kickboxing: Tues, 6.30-7.30pm; senior ju-jitsu (male & female), Tues, 7.30-9pm; adults/junior kickboxing self-defence, Weds, 6.30-7.30pm; seniors kick/Thai boxing (male & female), Weds, 8-9.30pm. Shadwell Basin Project Centre, Glamis Road, E1.
07811 105620

Personal training

Get fit, lose fat, tone muscles. Unit 1, Simon House, Limehouse Studio, 566 Cable Street, E1W.
07900 216005

Pregnancy yoga classes

Small group and private tuition. Suitable for mums-to-be from 14 weeks onwards. Call Claire.
07958 645978

Seniors exercise

Mons, 1.30pm, line dancing; Tues, 10.45am, workout. London Dockers Club, 6 Boulcott Street, E1.
7790 3785

Step 'n' tone

Tues, 7pm. Shadwell Basin Centre, Glamis Road, E1.
07961 951522

Taekwondo

Beginners welcome. Adults & juniors. Tues 6.30-8pm and Sun 1-3pm at Langdon Park Sports Centre, Byron Street, E1.
8310 1469

Tai Chi

Daily, for health and self defence. 449-453 Bethnal Green Road, E1.
7033 3993

Tai Chi for beginners

Mons 6.15-8.15pm and Sats 9.30-11.30am at Roland Philipps Scout Hall, Aylward Street, E1. Also, Fri 6.30-8.30pm. St Barnabas Church, corner of Grove and Roman Road, E3. £7.
07748 985209

Women's keep fit

Tues & Thurs, 10.30-11.30am, £2. Garret Centre, 117 Mansford

Street, E2.
7739 7241

Women's keep fit class

For all ages. Sats, 1.30-3pm. Diesel Gym, Top Floor, Simon House, Butchers Row, E1W.

Angel yoga

Kundalini yoga for beginners every Tues, 7.30-8.45pm. £9. St Hilda's Community Centre, 18 Club Row E2.
07890 909928

Zumba classes

Every Weds, 7.30-8.30pm. £5. Tredegar Community Centre, 333 Morville Street, E3.
07884 168176

Zumba Fit

Fun, energetic class. All levels welcome. £5. Every Weds, 6.30-7.15pm. Bow Methodist Church, 1 Merchant Street, E3.
07592 140590

Sport

Cricket coaching

Under-11s and U13s – Weds, 4-5.30pm; U16s – Tues, 4.30-6pm; 16+ – Thurs 5-8pm. Dockland Settlements, 197 East Ferry Road, E14.

Berner Football Academy

Under-12s, part of TH Youth League. Matches on Sat, train on Sun. Christian Street Ball Court, Berner Estate, E1.
07960 434110

Football training

Sat, 9-11am for boys and girls aged 5-11, Mulberry School for Girls, Richard Street, E1; 12-1pm for ages 3-5. St Patrick's School, Dundee Street, E1W.
07956 095218

Kibondo

Martial art for age 6 and over. Mons, 6.30-8pm. Fri, 6.30-7.30pm, children; 8-9pm, adults. £3.50 adults, £2.50 children, first lesson free. Teviot Centre, Wyves Street, E14.
07956 428654

Kickboxing and self-defence

£5 per class. Suns, 1pm; Tues, 7pm (women only). Whitechapel Sports Centre, Durward Street, E1.
07952 872362



Stadium takes centre stage again

The Sainsbury's Anniversary Games will include IAAF Diamond League action on Friday and Saturday, and a third day of action on Sunday, dedicated to showcasing 2012 Paralympic champions.

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport

Kung fu

Ving tsum. Weds, 8-9pm. £7, adults only. St John's Church Hall, 200 Cambridge Heath Road, E2.

07930 609379

Kung fu and self-defence

Mon, 7:30-9pm. 2nd floor, 56-60 Nelson Street, E1.

07947 126852

Muay Thai for women

KO London, 186 The Arches, Globe Road, E2. Sat 3-4.15 £7 concs, £9 waged.

7265 9693

Multi Sports

Every Sat, 2-5pm. For ages 11-19. George Green's School, 100 Manchester Road, E14.

7987 6032

Netball

Parkside Leisure Centre at Mulberry School, Commercial Road, E1, every Monday night.

01277 811772

Rugby – men, women, youths

Millwall Rugby Club. Various times and days.

07963 5833655

Sun kune do

Mons, 7-8.15pm. Adults £4.50, ages 10-16, £3.50.

Lifra Hall, 7 Halley Street, E1.

Table Tennis Club

Every Sat, 10am-12noon. Ages 11-19. George Green's School, 100 Manchester Road, E14.

7987 6032

Taekwondo classes

Easy Studio, 60-64 Kingsland Road, E2.

7033 4660

Women's football

Whitechapel Sports Centre, Durward Street, E1. Mon, 8-9pm, ages 16+. Free. www.eastlondonladiesfc.co.uk

Women's running

Weds, 6.30pm. Mile End Stadium, Rhodeswell Road, E14.

07958 368070

Women's self-defence

Mons, 7-8.15pm, £5 adults/£3.50 children. John Orwell Sports Centre, Tench Street, E1.

07949 597965

World's elite back for more

BY PETER FAULKNER

IF you love your sport then this weekend will be one to remember, with the three-day Sainsbury's Anniversary Games being held at the Queen Elizabeth Park and, just a stone's throw away, the annual Virgin Active Triathlon is being staged.

The Anniversary Games will incorporate two days of IAAF Diamond League action on Friday July 26 and Saturday, July 27, with a third day of action on Sunday, dedicated to showcasing some of the Paralympic heroes from last summer's Games.

The triathlon is meanwhile expected to attract some 30,000 fans and 13,000 competitors

on Saturday and Sunday, at the Excel Centre, Docklands.

The event at Stratford will be virtually the last chance to see some of the greatest names in athletics before the world championships in Moscow.

And although our own two female lightning bolts – Perri Shakes-Drayton and Christine Ohuruogu – will be roared on by the crowd, it is another piece of greased lightning that everyone really wants to see – Usain Bolt, one of the biggest draws in the sporting world.

Bolt, who will run the 100m on Friday evening and in the 4x100m on Saturday afternoon, will be competing in the Diamond League for the first time since 2009.

He said: "I'm looking forward



Celebrity triathletes Michelle Heaton and Chelsee Healey

to coming back to London, especially with it being a year since winning three gold medals in the Olympic Stadium."

He is among 29 Olympic medallists, including 12 champions and four world record

holders, who will be trying to bring the Olympic magic back to the stadium.

Over at the Excel Centre the athletes dividing into several categories will be taking part in a gruelling medley of swimming,

cycling and running.

While the triathlon will once again raise thousands for charities (last year it raised £1.2m), which is the primary reason for this event, there will be plenty of local people taking part to support their own specific cause such as the Doctors of the World charity at Canada Square, Canary Wharf.

This charity has raised over £6m since 1988 and it goes to worthwhile causes like the 300 projects they support in 70 countries.

You will also brush shoulders with celebrities. In the past Jenson Button, Vernon Kay, Louie Spence, Kay Burley, Michelle Heaton, Chelsee Healey, Harry Potter star Oliver Phelps, and Melanie C have



The girls football team



The successful boys athletics team

Sailors and athletes lead the way

Youth Games

TOWER Hamlets had an excellent London Youth Games improving by six places on last year's result.

The team finished 19th overall, up from 25th last year, and put in some excellent performances along the way, with two overall wins and 12 top ten finishes.

The borough continued to prove it has some of London's best sailing facilities as the team improved from second last year to win this year's event.

The male athletics team leapt four places to win their event, while the boys cricket team battled their to third.

The kayak slalom team and female foot-



Leila Moore was part of the all-conquering sailing team

ballers will be disappointed, slipping from first overall to finish third.

Tower Hamlets' fishermen came fourth overall in the competition's maiden year,

while there was improvement for the kayak sprint and female athletics teams, who jumped up a couple of places to make the top five.

The male and female table tennis, badminton, boccia, BMX and male judo teams were the others to finish inside the top ten.

But the good results did not end there – the male basketball team made a huge improvement to finish a staggering 15 places higher than they did last year, up from 28 into 13th place.

The male footballers will, perhaps, be most disappointed. After finishing third last year they could only manage a 17th place finish this time.

Women-only running club

Running

WHY not make the most of the warm weather by exercising in the great outdoors.

As part of the successful Sport4Women programme, which aims to get more women exercising, many residents have been encouraged to step up their fitness regime.

The council scheme, run with the leisure operator, Better, has launched the Tiller Runners, who meet every Monday at Tiller Leisure Centre, Isle of Dogs.

To find out more about women-only activities email sport4women@gll.org or call 8709 4429.

■ Track Stars athletics course, for ages five to 15, at Mile End Park Leisure Centre, run daily during the holidays. Visit www.better.org.uk/lessons

■ Victoria Park Harriers and Tower Hamlets Athletics Club is open to everyone from beginners upwards.

To find out more visit www.vphthac.org.uk

Ride the breeze

You can learn to windsurf at Docklands Sailing & Watersports Centre this summer holidays. Email...

MATT@DSWC.ORG

No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. Our listings include everything from cricket to yoga and aerobics to taekwondo.

SEE PAGES 36 & 37

Sport

Sport in brief

Table tennis fun at Canary Wharf

HAVE a go at table tennis or see national champions battle it out as part of the **Ping** event taking place at Canary Wharf's Jubilee Place mall, from August 2-10.

The six full-size table tennis tables have been set up as part of the Ping Pong Project, a free month-long festival which sees tables pop up at squares and open spaces across London.

With five full size tables in Jubilee Place mall and another in The Parlour at The Park Pavilion, in Canada Square there's plenty of opportunities to get involved with the Ping.

Pick up a bat and enjoy a free game with family and friends and improve your technique with a few handy tips from qualified coaches.

As well as giving you the chance to have a go yourself, Ping also features a series of showcase matches between legendary English table tennis players.

Last year saw Desmond Douglas and former British singles champion Andrew Rushton go head to head.

Whichever champions are there this year, be prepared to be astounded by their jaw-dropping speed and agility.

For those on the search for ping pong glory, Ping! at Canary Wharf also includes the Ping! championships, where you can show your competitive streak by taking part in daily contests.

The championships, which are open to teams of five, are held from 6-7pm daily from Friday, August 2 to Saturday, August 10.

For more information and to enter a team in the Ping Championships, email arts&events@canarywharf.com

Wind in your sail

DOCKLANDS Sailing & Watersports Centre SWC and the Royal Yachting Association have organised for a professional trainer to run a number of windsurfing sessions on Monday evenings.

The aim is to help wind-

surfers who have achieved or are at an RYA Start Windsurfing level to gain further skills such as fast tacks, non-planning carve gybes, use of foot straps and light wind freestyle.

This is not exclusive to windsurfers who have completed a windsurfing course, but all sailors need to be able to sail to a RYA Start Windsurfing standard.

There is also potential for working towards a RYA Start Windsurf instructor course.

Remaining 2013 dates for sessions are: July 29, August 5, 12, and 19, and September 2 and 9.

Sessions will start at 6.30pm and run until 8.30pm or dusk. If you have a wetsuit take it along, but the water is currently warm enough to sail without one.

For more information, contact Matthew Rickard at matt@dswc.org

Players wanted

WESTWARD Boys FC under-12s are looking for new players for next season.

Those interested in playing would have to be in year 7 in September, when the league gets underway.

For more information, call Charlie Cohen on 07535 703064.

Youth judo festival

STUDENTS from eight Tower Hamlets primary schools gathered at Stepney Green School for a judo festival organised by Tower Hamlets Youth Sport Foundation.

Some 80 youngsters from **St Matthias, Lawdale, Harry Gosling, Osmani, Clara Grant, Cubitt Town, Malmesbury, Hague** and **Guardian Angels** took part on July 3, demonstrating skills they have learned over the past year.

The event lasted three hours, with teams taking part in mini-theatre and games, in between the martial arts action.

St Matthias were the eventual champions ahead of Malmesbury and Guardian Angels.

The best fighters were also invited to join the Gifted and Talented programme, run by Tower Hamlets Judo Club.



STILL flushed with the success of her son's Wimbledon triumph, Andy Murray's mum, Judy, visited Kobi Nazrul School in Whitechapel to run a special sports session with pupils and their parents.

The activities featured games parents can play with their children, including some Judy used to play with her own

sons when they were growing up. The activities are from the Set4Sport programme, which was inspired by her years as a tennis coach and parent, and are designed to develop the balance, co-ordination, agility and passing.

Visit www.set4sport.com to get a free Set4Sport book or download the free app.

Hoop dreams of fitness

BY SHALINA HUSSAIN

SLAM dunk your way to a healthier lifestyle with basketball sessions at Whitechapel Sports Centre.

Organised by the council, leisure centre operators Better, IM Basketball and Tower Hamlets Trojan Basketball Club, the

sessions will take place throughout the summer, starting on Wednesday, July 24.

Held at the centre in Durward Street, Whitechapel, they are aimed at introducing new people to the game and for those looking to improve their ball skills.

Women-only sessions will

be held every Wednesday from July 24 from 5.30pm for over-16s, on Mondays from July 29 at 3.30pm and Tuesdays from July 30 at 9.30am for under-16s.

Men's sessions will be held every Wednesday from July 24 from 7.30pm for over-16s, on Mondays from July 29 and Tuesdays from July 30 at 1pm for un-

der-16s. Mixed sessions will take place every Wednesday, from July 31 for under-16s at 11.30am and 1.30pm.

No booking required, just turn up and play.

To find out more call Madonis Thomas on 7364 3204 or 07956 241789 or email Madonis.thomas@towerhamlets.gov.uk



A SERIES of football camps are being held at four locations from Monday, July 29 until Friday, August 30. They are at: Wapping Gardens, Tench Street, E1W with Wapping Warriors FC. To book a place call Simon Blewitt on 07815 535423; Trafalgar Gardens, White Horse Lane, E1 with Stepney FC. Call Akik Miah on 07809 721115; St Andrew's Wharf Youth Project, Britannia Road, Masthouse Terrace, E14 with Island FC - email ashrafhaque13@gmail.com; Brabazon Street Estate Pitch, Poplar, E14 with Poplar Boys FC. Call Darren Burke on 07852 112833. Check with individual locations for times. The sessions are organised by the council's sports development team with community groups and football clubs.



Enjoy it... but work hard

"I worked them hard. Athletes need to push themselves to succeed. My main advice to the youngsters would be enjoy it, be sensible and persevere. It will pay off."

Aiming for a medal

"My aim is to reach the final in Moscow and a medal of any colour would be just great."

PERRI SHAKES-DRAYTON

Sport

Champ Perri goes back to school

Bow Hurdler puts pupils through their paces at special training session, fresh from winning her fifth UK title



Lathursan



Bethany



Meaghan

BY PETER FAILKNER
AND JESSICA ODUBAYO

PERRI Shakes-Drayton claimed yet another title and then took time out from her hectic schedule to visit her old school – Bishop Challoner.

Perri, 24, proved she is ready to take on the world when broke the British championships record in the women's 400m hurdles to win her fifth UK title at the Alexander Stadium, Birmingham.

Her victory, in a time of 54.36 secs, secured her place in the GB team for the world championships in Moscow next month.

The European indoor champion, one of the stand-out British performers on the track this season, had no problems in blitzing the field, eclipsing Sally Gunnell's British record in the process.

She then went on to tell the world that her mind was now focussed on going to the world championships and making "My aim is to reach the final in Moscow and a medal of any colour would be just great."

"I have unfinished business in the hurdles – there's a lot more to come from PSD." Despite firmly establishing herself among the world's elite athletes, the Bow girl has not forgotten her roots.

Hard in training to return to the Olympic Stadium for the Anniversary Games next week – Perri dropped into Bishop Challoner, in Stpeneay to run a master class for students and pass on valuable training tips to up and coming athletes.



Perri passes on some advice to a pair of young hopefuls

The session gave Perri the opportunity to chat to teenagers who are in the same position in which she found herself a little over ten years ago.

She said she was looking forward to competing in home turf in east London again, with the backing of the home crowd.

Speaking to students in years 9 and 10, Perri spoke of her disappointment at not getting to the 400 metres hurdles final in the London 2012 Olympic Games but said she used that as her motivation to train all the harder.

"I was devastated coming back from injury. I know I was more than capable of being in the final. It was hard, but learning from such disappointments makes you a better athlete," she told her young audience.

Perri said it was nice to be back at her old school.

"The facilities are much better – where we are standing used to be a car park," she said.

"It was a girls' school when I was here. Some of my old teachers, including Mr Harrington, my former head of PE, are still at the school. It is good to let the students know that this is where I started out.

After her training session with the students – held courtesy of Alfa Romeo, the official car supplier to British Athletics – Perri said: "I worked them hard. Athletes need to push

Perri really pushed us to the limit. Knowing she comes from Bishop Challoner inspires me."

Meaghan

themselves to succeed. My main advice to the youngsters would be enjoy it, be sensible and persevere. It will pay off."

Bethany Gatsi, 14, said: "Today's session was really productive. I learnt how to use the power in my legs to stride out. I am a 100m runner and got to the second round of the English schools championships. I want to take up rowing in future and Perri has taught me that you can come from an ordinary school and still achieve a lot."

Don't let drug cheats put you off

AFTER her British Championship win, Perri got the news that American sprinter Tyson Gay and Jamaican Asafa Powell had both tested positive for drugs.

She immediately condemned the athletes and saying publicly: "This has shocked me. It was the first thing people were speaking to me about when I

Year 9 student Lathursan Vinayagamoorthy, 14, said: "Our boys team came first in the English Schools Youth Games. I've met Perri before – she is focused and she has lots of passion for athletics. I train four times a week and want to become a champion like her. Perri has taught me that it takes dedication and commitment."

Meaghan Leon, 15, who plays football and runs 1500m, said: "Perri really pushed us to the limit. Knowing that she comes from Bishop Challoner really inspires me."

Peter Harrington, who is still head of PE, said: "I remember watching Perri when she was here taking her A-level exams – she was head and shoulders above everyone. I knew that she was going to be a top class athlete."

"It is great to have Perri back at school today and it is fantastic to see her perform at the stage she is at now. She is a great role model, everyone at the school is really proud of her."

crossed the line. The World Against Drugs Agency did a good job tracking these people down.

"I want my sport to be clean and it has taken us many years to get where we are today. Don't give up on us."

"We are not all bad. Athletes like myself are hard-working athletes."





More inside

News on athletics, table tennis, football and the Youth Games. See pages...

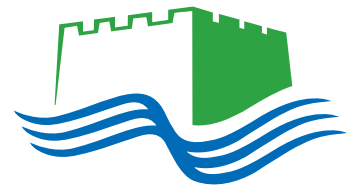
36, 37, 38 & 39



Down to the last two

Cricketers from the Chinatown and Island Community clubs booked their places in the final of the Victoria Park Community Cricket League on August 5, after two exciting semi-finals.

SEE BELOW



TOWER HAMLETS

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Chinatown and Island set up community final clash

BY PETER FAULKNER

CHINATOWN and Island Community will meet in the final of the Victoria Park Community Cricket League on August 5 and if their semi-final matches are any guide, expect some explosive action.

Island Community defeated borough rivals Tower Hamlets in a match that amassed a colossal 373 runs while Chinatown and Dynamite Ducks between them scored a total of 345 runs.

Chinatown v Dynamite Ducks

This semi-final was all about the batting of Song. At the start of the week he hit a half century in a league game and against Dynamite Ducks he battered another 51 to steer his side to 178 for the loss of just one wicket. Faris and Yufei both scored 43 not out.

If Chinatown thought this was going to be a comfortable victory they soon realised they had a fight on their hands. Island



Chinatown's final-reaching squad



The Island Community players



Action from the clash between Dynamite Ducks and Chinatown

Community had two wickets left and needed just 15 to win when Chinatown brought back Remy for her last over - and with the first ball she dismissed Zia.

Ducks needed 11 runs from the last over, but caused their own downfall with a run-out with the score at 167 to suffer their second defeat at the hands of Chinatown this season.

Tower Hamlets v Island Community

Island Community are in the final of the cup for the first time in their history and beaten rivals Tower Hamlets must still be wondering how they lost after posting such a high score.

Tower Hamlets batted first and three unbeaten innings from Soyfur, 52, and both Foyso and Shakil with 50 apiece, steered them to a superb score of 186-2.

At any other time that would have been a winning score be-

cause it left Island needing 12 runs an over.

They really went for it though with Dipayan not out on 50, Rob contributing 45 and Tanj adding an unbeaten knock of 40 as they booked their final spot with a score of 187-3.

It took them past the required total for the loss of only three wickets.

League results

Stoke Newington beat Junoon Sky beat Tower Hamlets. Mad Morrocas beat Homerton Bengal Tigers beat Masiha. Crossrail beat Best Nationals Chinatown beat Regents. Island Community beat Rose & Crown. Contenders beat Old Fallopian. London Fields beat New Boys.



Tower Hamlets vs Island Community

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